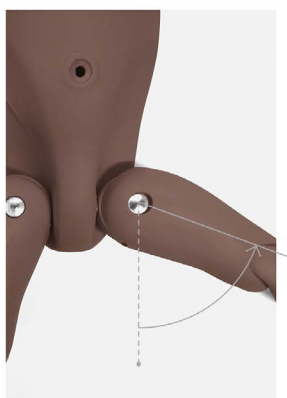
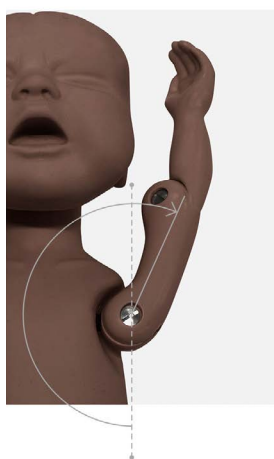




USER GUIDE



BIRTHING SIMULATOR PROMPT FLEX

STANDARD

This product is available
in light and dark skin tones

80100

80200

FOR MORE SKILLS TRAINING PRODUCTS VISIT

limbsandthings.com

Sussex Street, St Philips, Bristol, BS2 0RA, UK | sales@limbsandthings.com | +44 (0) 117 311 0500

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TAKE A LOOK AT OUR **VIDEO**

VISIT THE WEBSITE
limbsandthings.com

OR YOUTUBE CHANNEL
youtube.com/limbsandthings

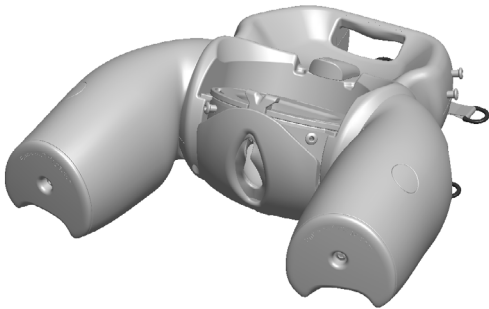


PACKAGE SUPPLIED

BIRTHING MOTHER

80120

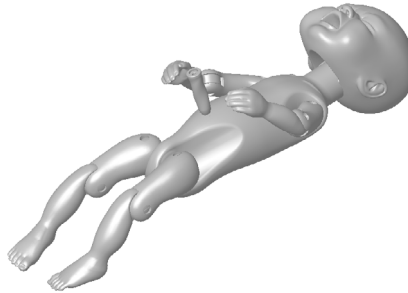
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STANDARD BABY

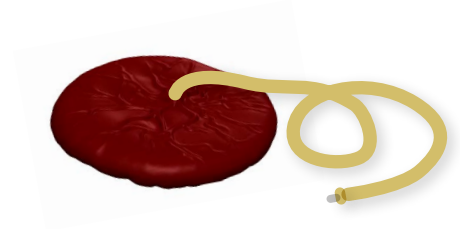
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80221



BIRTHING PLACENTA

80123



ABDOMEN

80124

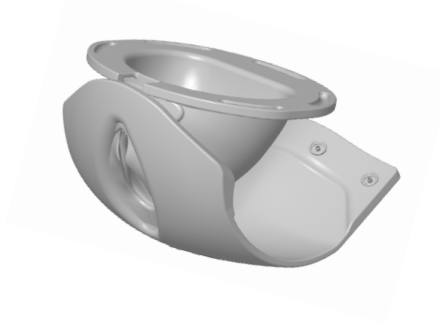
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PERINEUM & BIRTH CANAL

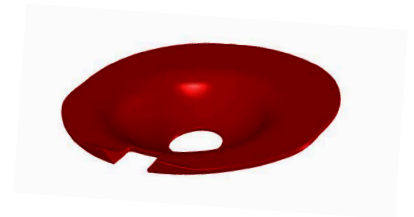
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80225



CERVIX

80126



PELVIC RING CLAMP

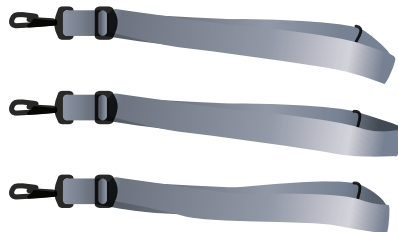
80107

80207



BED STRAPS

80130



LUBRICANT

10199



WHEELED CARRY CASE

01000



PROMPT FLEX ART MAT

60133



SAFETY & CLEANING INSTRUCTIONS

READ THE SAFETY INSTRUCTIONS CAREFULLY BEFORE USING YOUR BIRTHING SIMULATOR PROMPT FLEX

DO's



Follow all instructions.
Keep these instructions.
Heed all warnings.

Only use the lubricant and simulated blood supplied with this product. Use of non-recommended fluid products may weaken or damage the simulator.



Wear gloves at all times and remove all jewellery items. Sharp surfaces such as finger nails and rings can lead to damage of silicone parts.

Always lubricate the cervix, birth canal and baby before each birth.



Clean the product with a damp soft cloth or sponge, using only warm water with mild detergent, after every training session. Clean off excess lubricant from all mother and baby surfaces.

STORAGE & TRANSPORTATION



Always ensure that the products are properly packed and secured during transportation and storage in order to prevent personal injury or damage to the product.

DON'Ts



Do not install near any heat sources, do not expose the product to flames or use near naked flame sources. Do not use flammable solvents near or on this product.

Do not use any attachments other than those supplied by the manufacturer.



Do not wear any jewellery items.

Do not disassemble the product or attempt to repair a faulty unit, please return the product to Limbs & Things for assessment and repair.

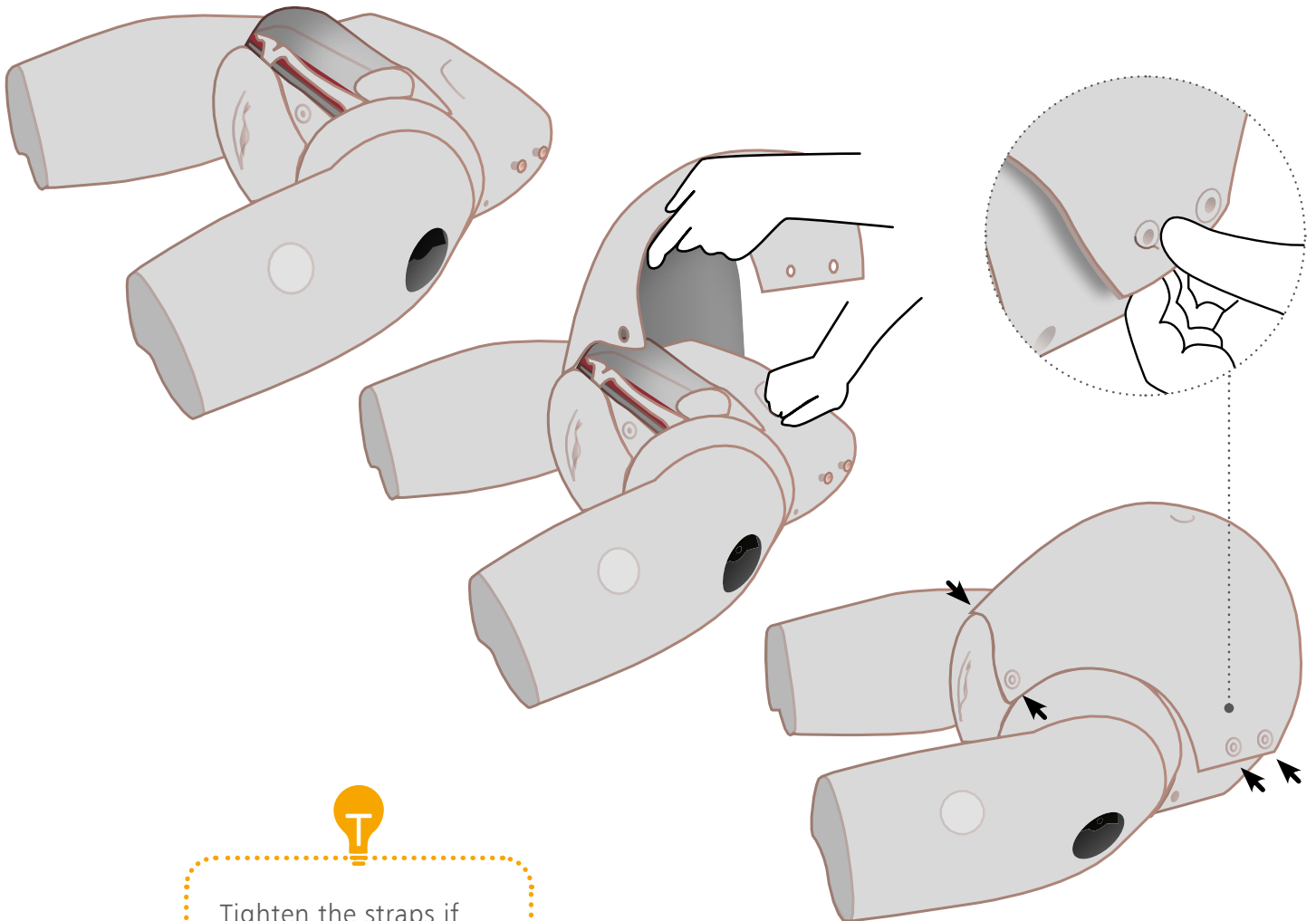


A poorly lubricated baby or placenta may damage the birth canal or the cervix as it is pushed through.

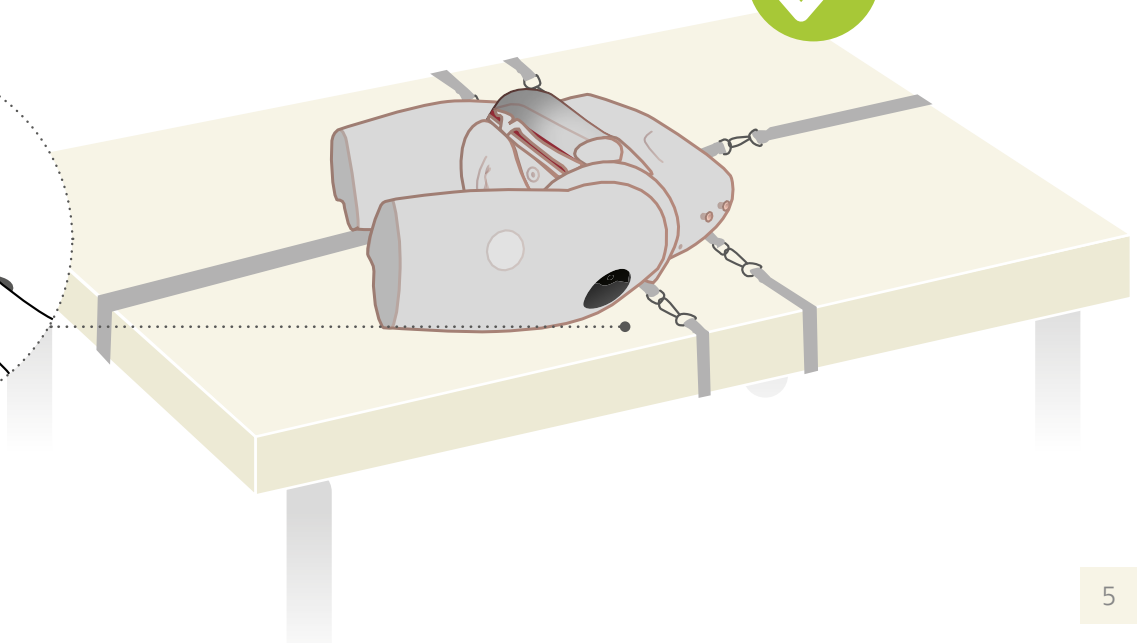
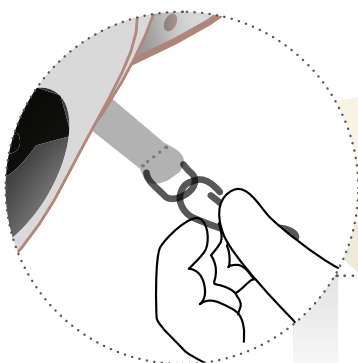
SET UP

ADDING/REMOVING THE ABDOMINAL SKIN

The abdomen can be added/removed easily to facilitate correct positioning of the baby within the pelvis if necessary.



Tighten the straps if necessary to secure the model to the table top.

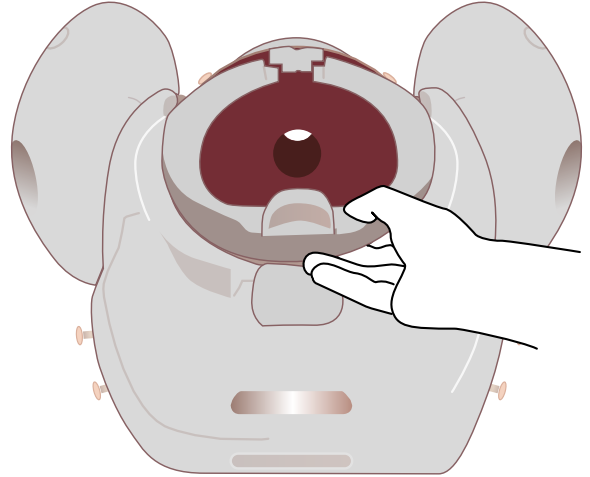
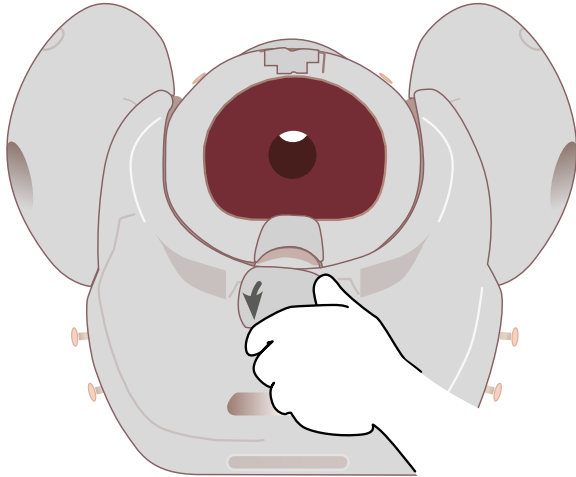


SET UP

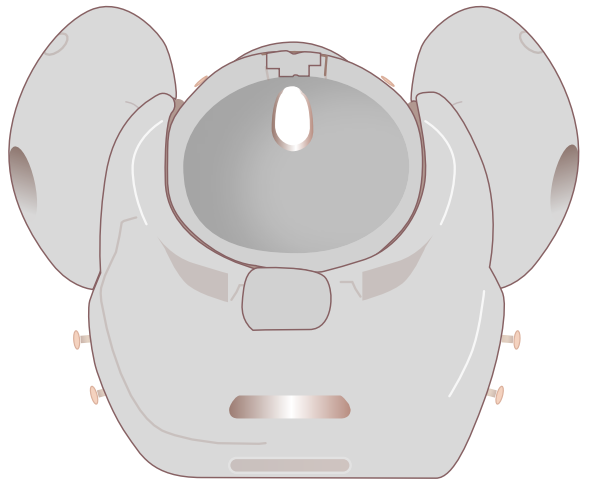
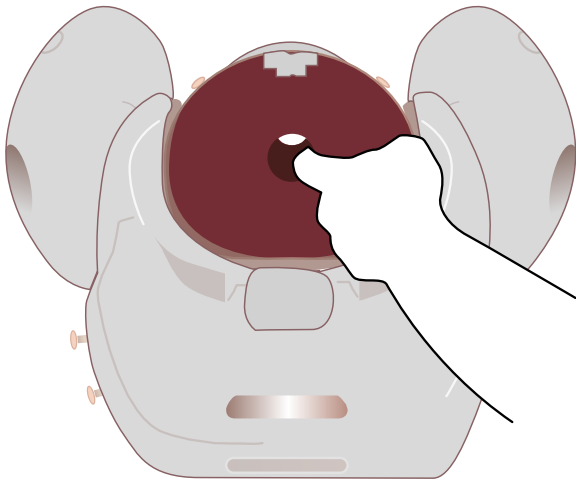
REMOVING THE CERVIX

DRILLS	CERVIX REQUIRED
Normal Birth	✓
Breech Birth	✗
O.V.D.	✗
Shoulder Dystocia	✗

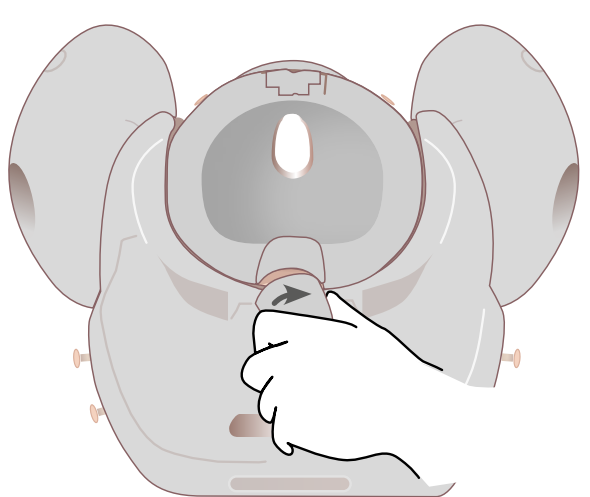
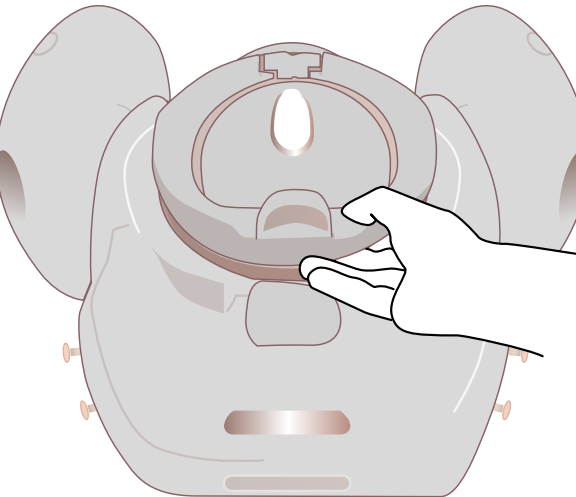
1



2



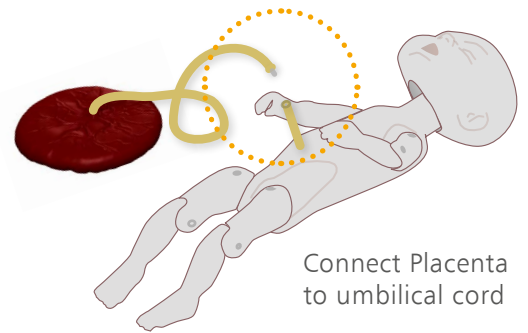
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SET UP

SETTING UP THE DIFFERENT DRILLS

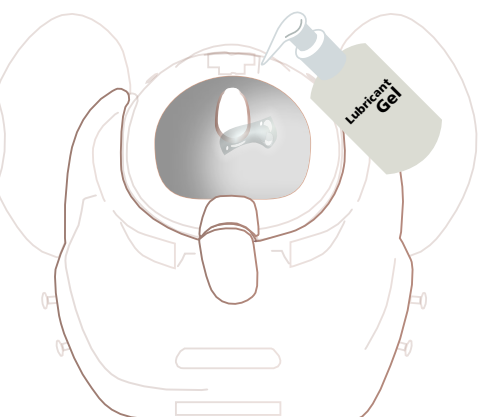
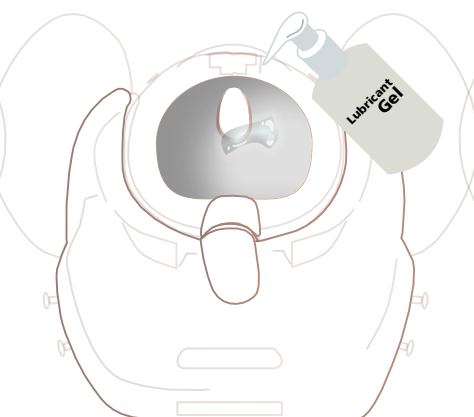
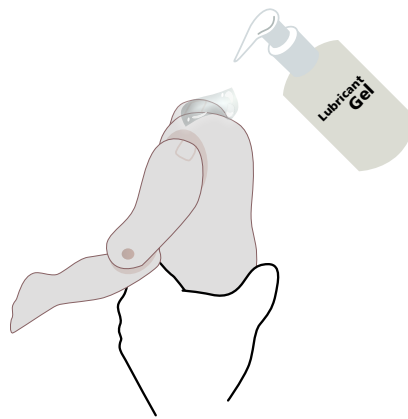
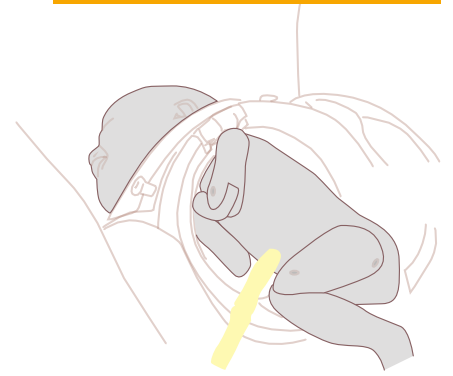
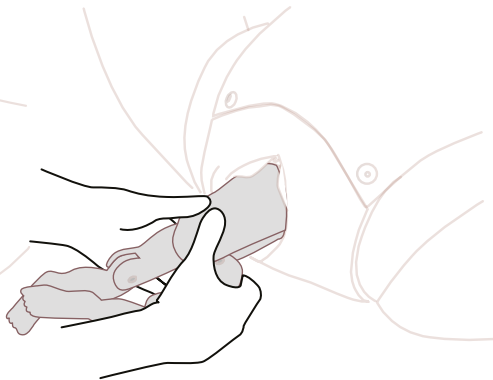
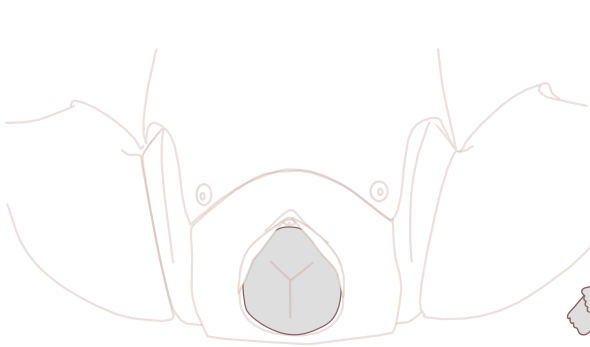
Always lubricate before each birth.



NORMAL BIRTH

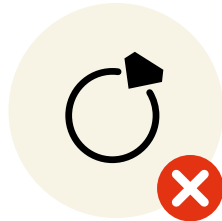
EXTENDED BREECH BIRTH

SHOULDER DYSTOCIA

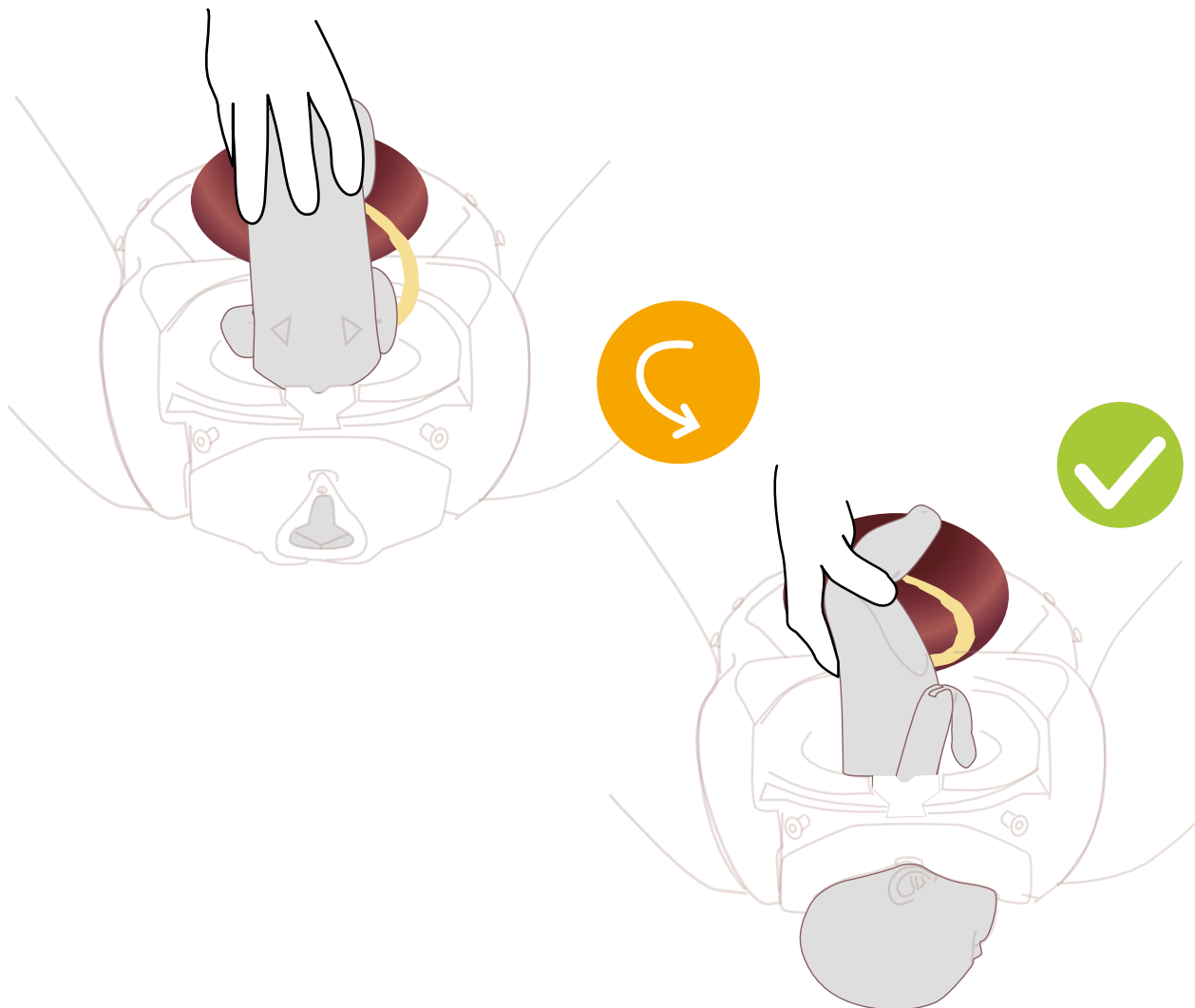


TRAINING

NORMAL BIRTH

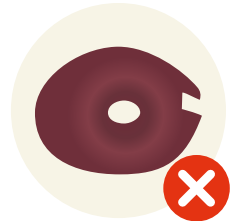
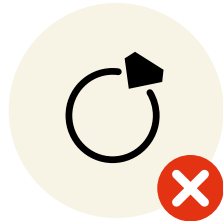


Push the baby through the pelvis, rotating the baby as appropriate to mimic the mechanism of normal delivery.

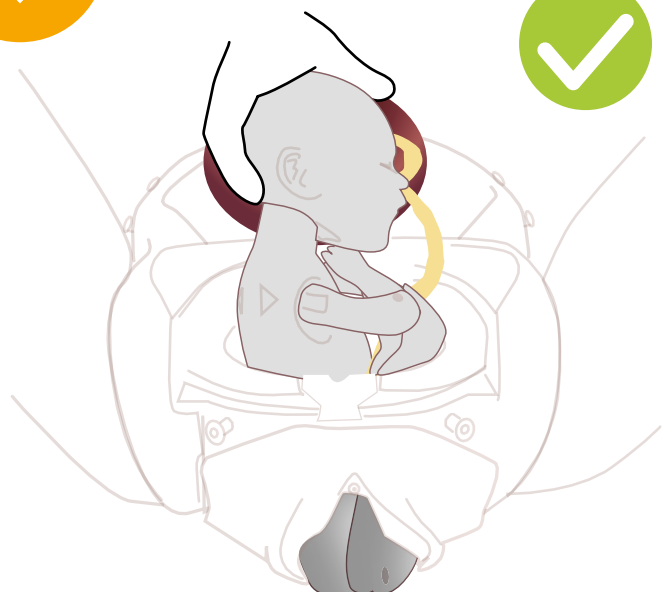
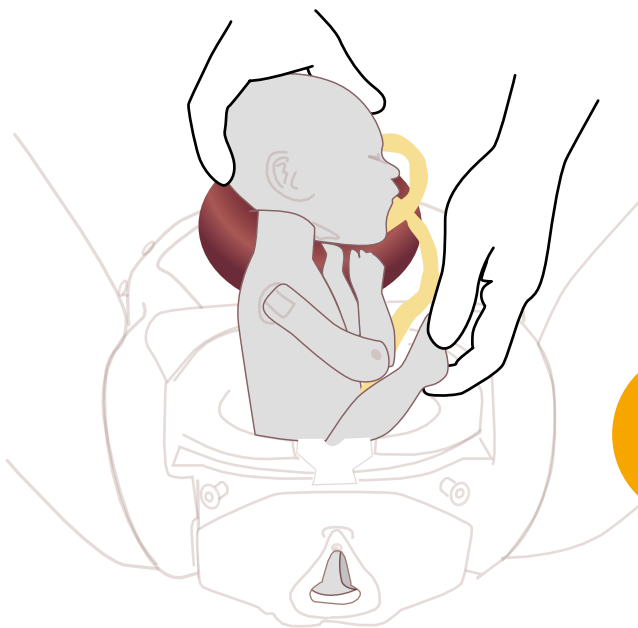


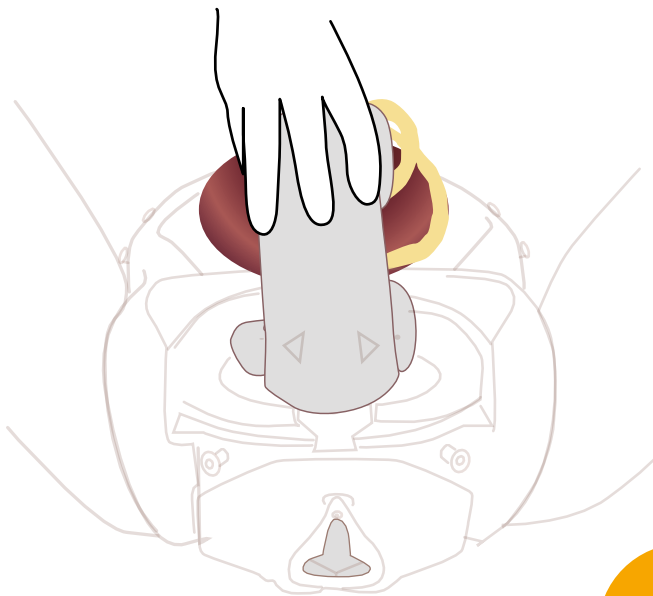
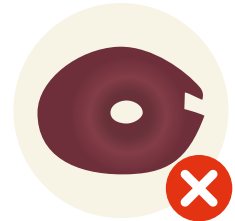
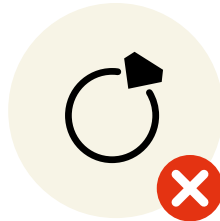
TRAINING

EXTENDED BREECH BIRTH

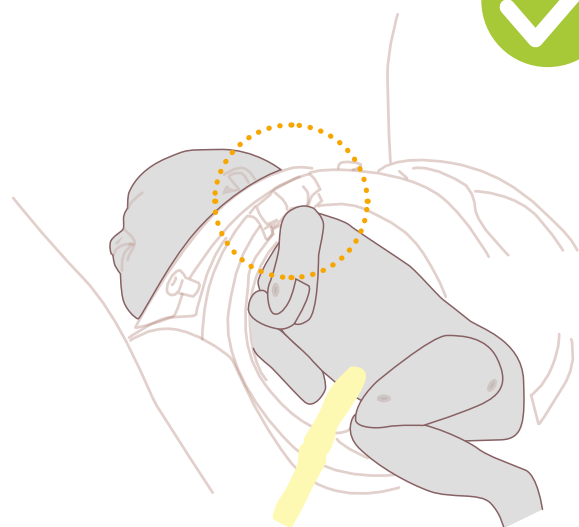
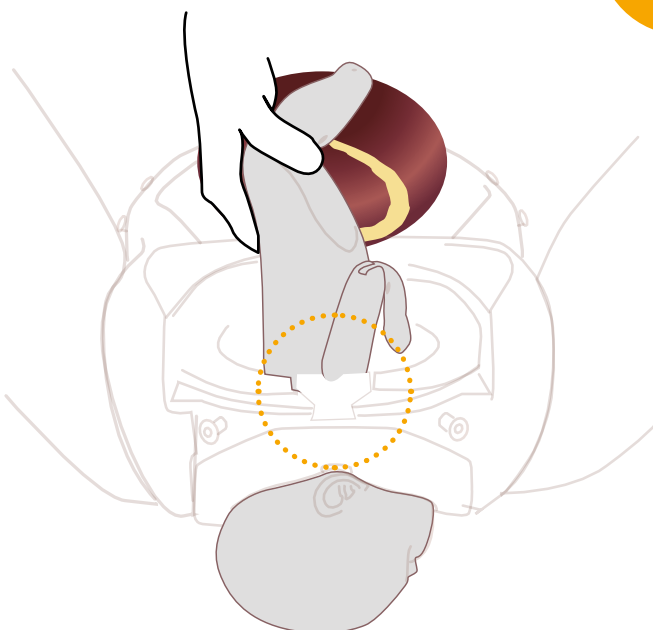


Push on the head to simulate contractions and maternal effort. Ensure the baby's arms remain flexed during the delivery.





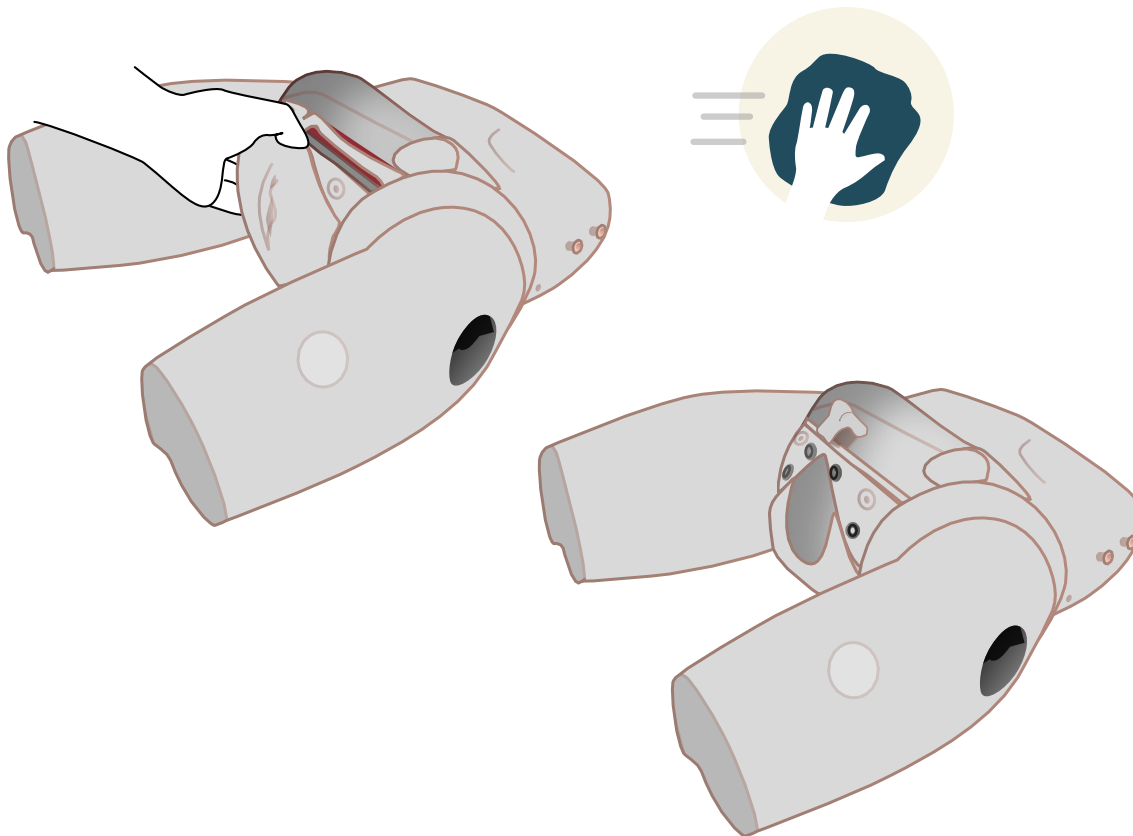
Ensure that the anterior shoulder of the baby is wedged behind the symphysis pubis.



CLEANING & STORAGE

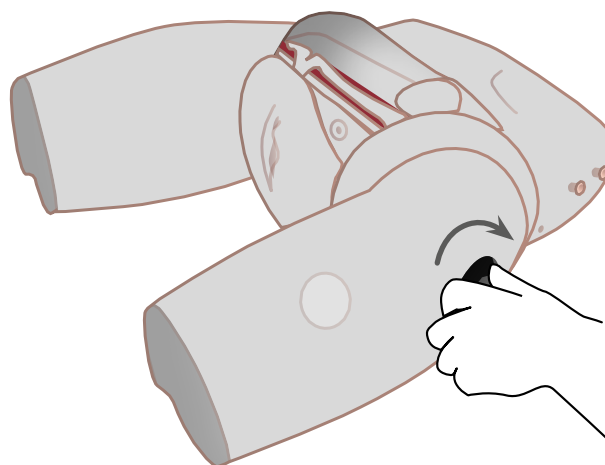
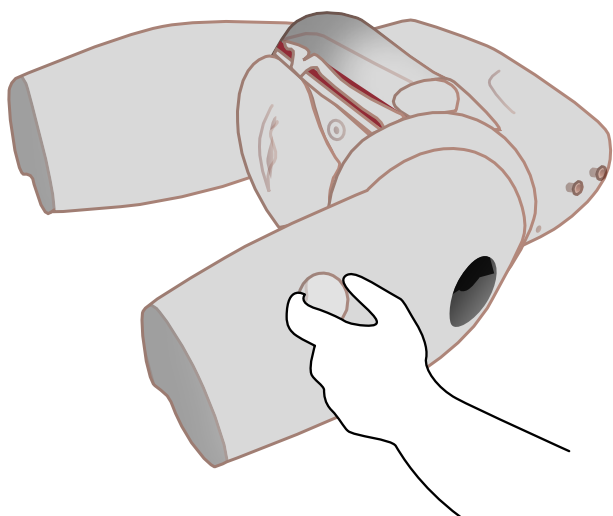
ADDING/REMOVING PERINEUM

After each training session, clean all the lubrication from all mother and baby surfaces with a warm damp cloth.



REPLACE/CLEAN IM PADS

TIGHTEN/LOOSEN THE LEGS





AUGMENTED REALITY TRAINING (ART)

for your PROMPT Flex Birthing Simulator

SAFETY & CLEANING INSTRUCTIONS

Read the safety instructions
carefully before using your
ART Mat

DO's



Follow all instructions.
Keep these instructions.
Heed all warnings

Use mat on flat surface



Only use attachments/accessories
specified by Limbs & Things

Refer all servicing to qualified service
personnel. Servicing is required when
the apparatus has been damaged



DON'Ts



Do not install near any heat sources,
do not expose the product to flames
or use near naked flame sources.
Do not use flammable solvents near
or on this product

Do not set up the product near
electrical appliances or items
damaged by water



Do not cover the graphic of the mat
with other items

Do not move the mat with a
model on top of it



STORAGE



Store rolled up with print on the
outside



Don't fold



Don't place heavy objects on top

CLEANING



Can be cleaned with water, soap and
non-alcoholic cleaning agents



Avoid abrasive and
alcoholic cleaning agents

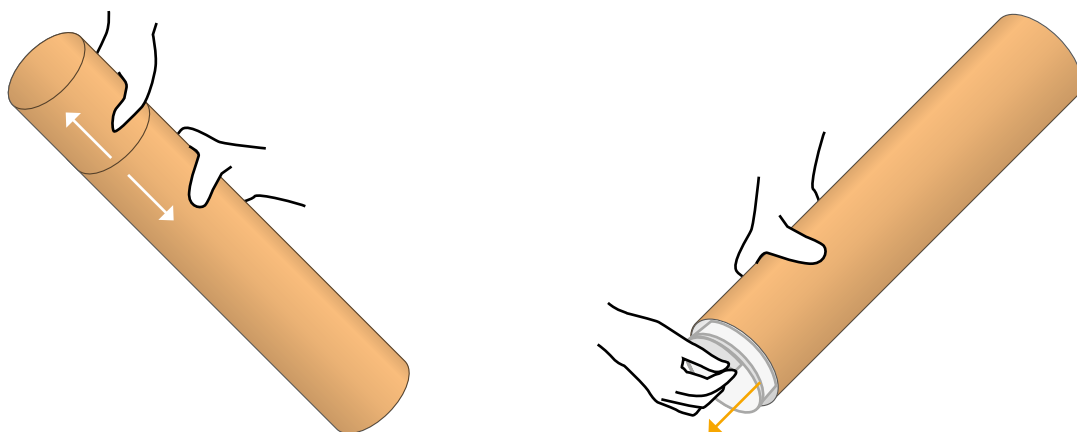


Make sure mat is dry before storing

ART SET UP

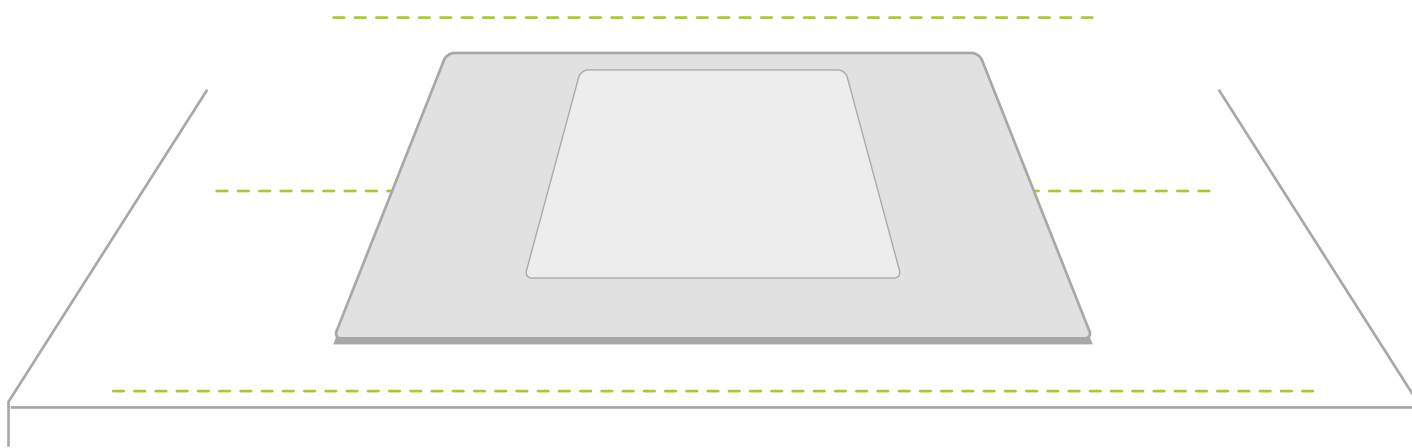
1

Take the mat out of tube



2

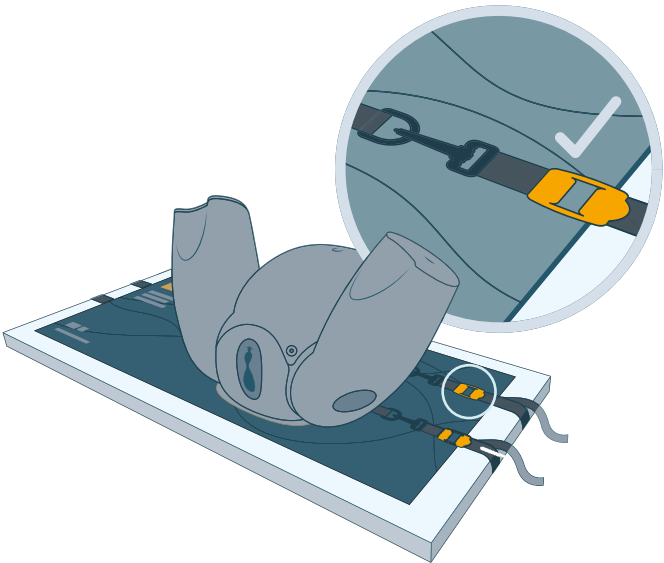
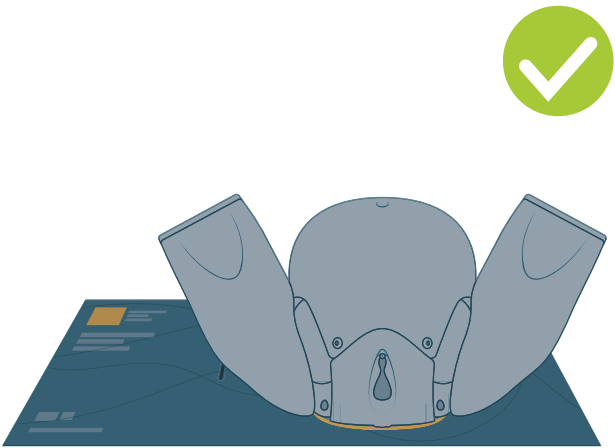
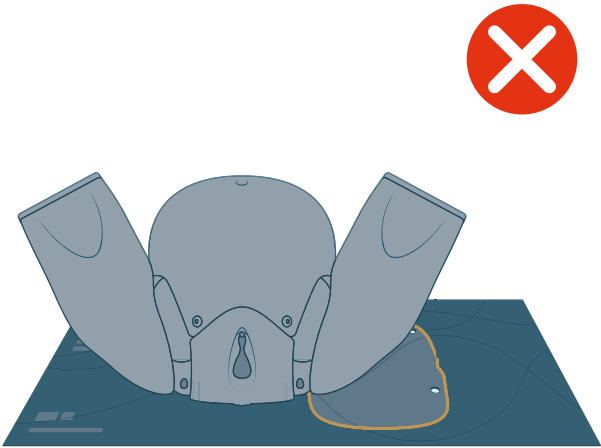
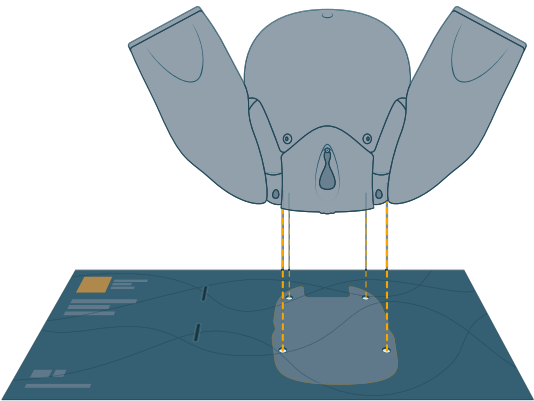
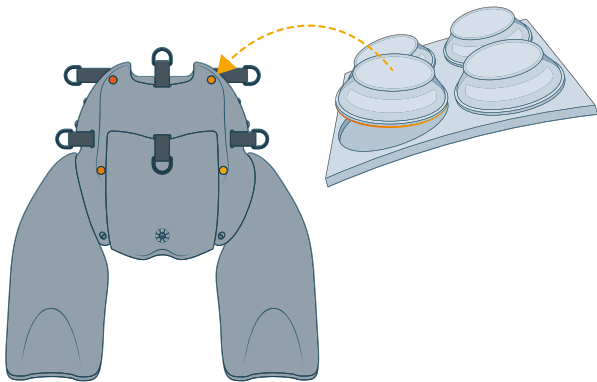
Place the mat on a table



Note: Diagrams are for illustrative purposes, your product may differ from the example shown

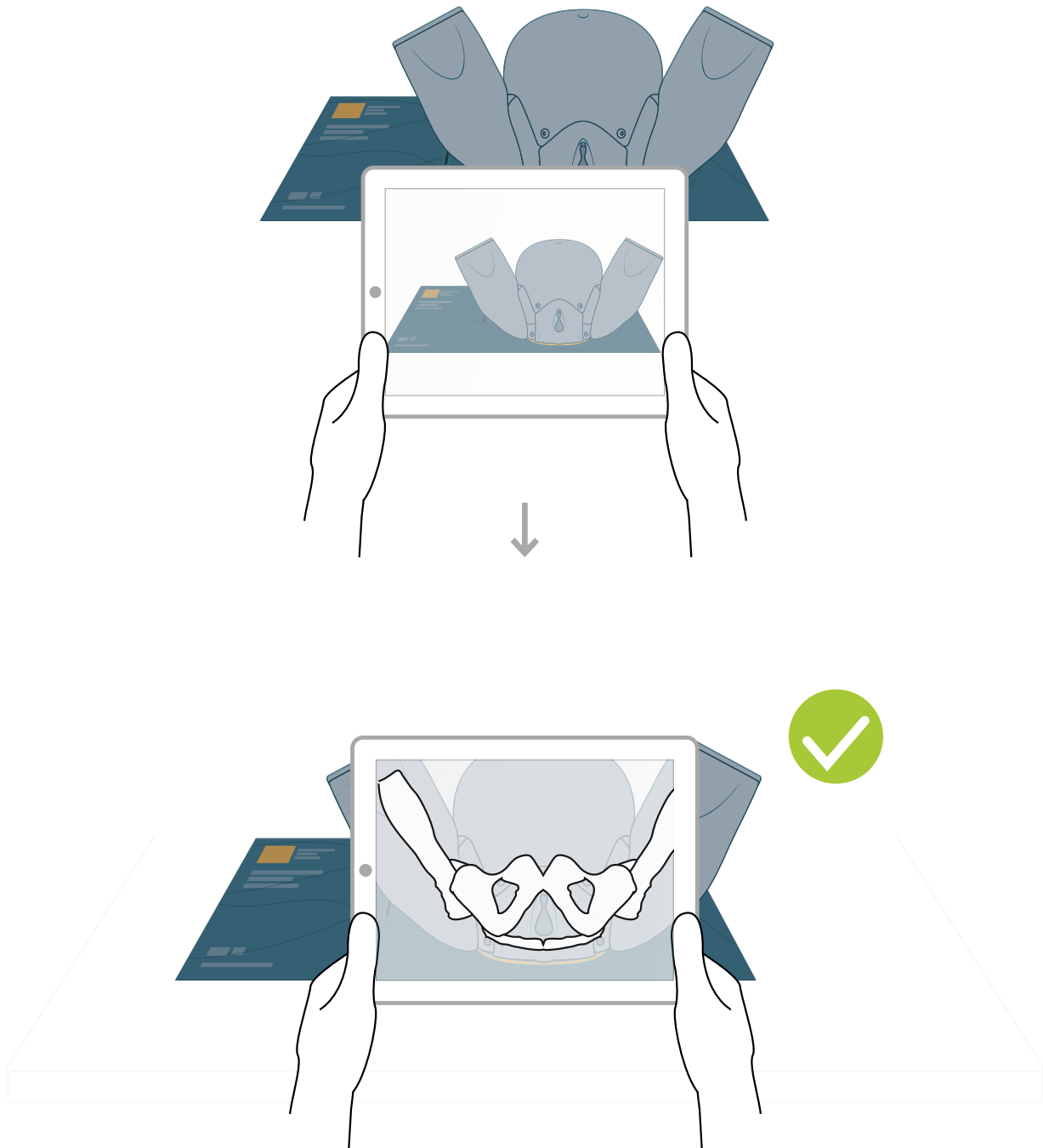
3

Place the model on the designated area of the mat



Note: Diagrams are for illustrative purposes, your product may differ from the example shown

Use the A.R.T. app to scan the mat



For app troubleshooting please visit the website.

Note: Diagrams are for illustrative purposes, your product may differ from the example shown

ADDITIONAL MODULES
ALLOW YOU TO TAILOR
YOUR TRAINING NEEDS

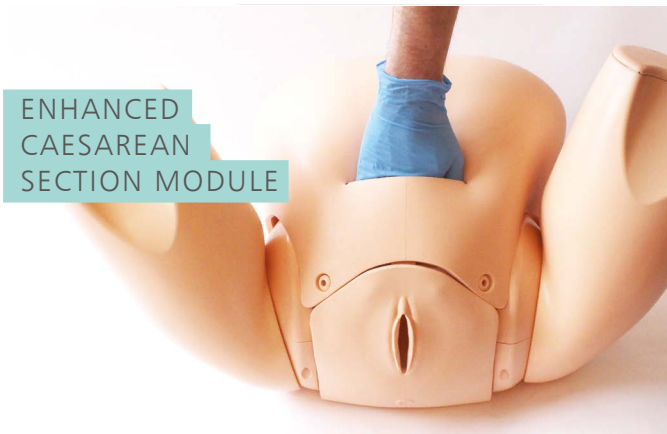
LOWER LEGS -
PROMPT FLEX



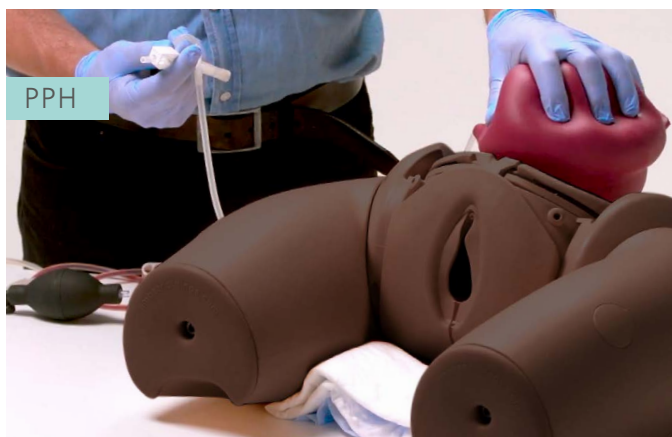
CERVICAL
DILATATION
& EFFACEMENT



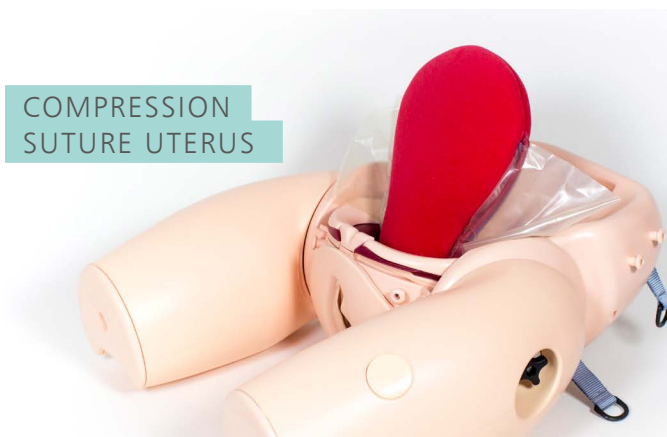
ENHANCED
CAESAREAN
SECTION MODULE



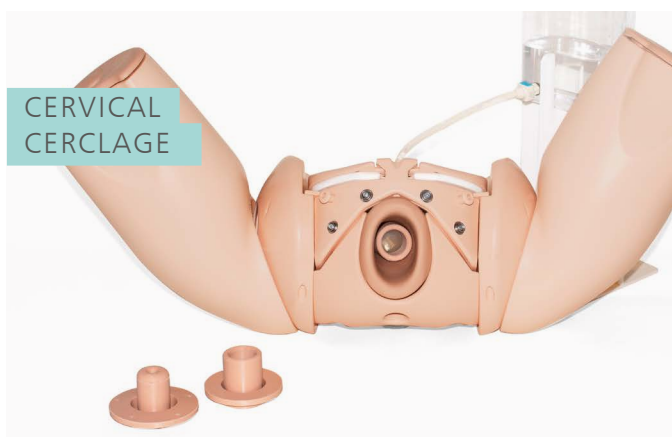
PPH



COMPRESSION
SUTURE UTERUS



CERVICAL
CERCLAGE



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Part No: 365-100

Issue 05, May 2025

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FM 818255