

# BIRTHING SIMULATOR PROMPT FLEX RANGE

Designed with, and used by leading worldwide Clinicians. The cost effective, modular nature of the **Birthing Simulator - PROMPT Flex** allows the training and practice of birthing, both normal and difficult, along with several maternal emergencies.

Used with Simulated patients, the key skill of communication can be practiced.

Discover the underlying anatomy using our free Augmented Reality Training app, to build understanding of anatomical structures and contextualize procedural practice with Limbs & Things models.

Multiple studies show positive outcomes through improved teamwork after a system wide commitment to enduring training.



Includes simulators for both ACOG Emergencies in Obstetric Courses (ECO) and the latest JACHO requirements.



Learning has never been more lifelike limbsandthings.com

# **STANDARD & ADVANCED BIRTHING SIMULATOR - PROMPT FLEX** ARE STAND-ALONE TASK TRAINERS THAT CONTAIN A BIRTHING MOTHER & BABY WITH KEY ANATOMICAL FEATURES



# Birthing Simulator - PROMPT Flex -Standard

80100 80200

A modular design birthing simulator allowing for numerous training scenarios.

Used either for stand-alone training or integrated into hybrid simulation, it is an ideal training solution for all skills relating to routine and difficult deliveries.

# Birthing Simulator - PROMPT Flex -Advanced



Incorporates wireless force monitoring where force applied to the baby's head is measured during a shoulder dystocia drill. Includes an app with inbuilt scenarios allowing monitoring and recording of force, interventions made and time taken to deliver the baby.



Tablet not included Download app at <u>limbsandthings.com</u>

## QUALITIES

#### ANATOMY

- Birth canal and cervix
- Ischial spines and pubic bone
- Gynecoid pelvis
- Articulating thighs
- IM injecting
- Fully articulated baby with detachable umbilical cord and placenta
- Baby includes clavicles, fontanelles and flexible head

#### **KEY FEATURES**

- Improved and more realistic pelvic floor
- Articulating thighs for McRoberts procedure
- Stretchable perineum
- Soft flexible birthing canal
- Additional modules to extend learning
- Optional lower legs for extended realism
- Optional wireless force monitoring for training in shoulder dystocia management
- Visualizing anatomy with ART

#### SAFETY

Latex free

#### **CLEANING & CARE**







	80100	80106
SKILLS	80200	80206
<ul> <li>Communication &amp; team work skills (SP)</li> <li>Normal</li> <li>Breech</li> <li>Shoulder dystocia management</li> <li>Instrumental (forceps &amp; vacuum devices</li> <li>Delivery of placenta</li> <li>Cord prolapse</li> <li>Urinary catheter placement</li> <li>IM injection pads</li> <li>Force feedback of baby's head</li> <li>App with scenarios &amp; force monitoring</li> <li>Understanding of internal anatomy and</li> </ul>	√ √ √ × ×	$\checkmark \checkmark \checkmark \checkmark \lor \checkmark \lor \checkmark \lor \checkmark \checkmark \checkmark$
procedures with ART	80100	80106
WHAT'S INCLUDED	80200	80206

Birthing Mother (+Upper Legs)	$\checkmark$	$\checkmark$
Standard Baby	$\checkmark$	×
Wireless Force Monitoring Baby	×	$\checkmark$
Placenta	$\checkmark$	$\checkmark$
Abdomen for PROMPT Flex	$\checkmark$	$\checkmark$
Perineum and Birth Canal	$\checkmark$	$\checkmark$
Bed Straps	$\checkmark$	$\checkmark$
Lubricant	$\checkmark$	$\checkmark$
Wheeled Carry Case	$\checkmark$	$\checkmark$
ART Mat	$\checkmark$	$\checkmark$



Introducing Augmented Reality Training (ART) via our new app. Dive under the skin and bring learning to life.

# **Interactive** Anatomy

Augmented Reality



# Download the app for free

Free to download, learners can explore the anatomy of some of our core training models in interactive 3D. Visualize key anatomical structures with 360° rotation and detailed labels to help build understanding ahead of classroom learning or during revision.

# Use with our compatible trainers

For classroom teaching, combine the app and mat to add context for the learner through augmented reality. They'll be able to associate underlying anatomy with the trainer, bringing increased visual and spatial understanding during procedural practice.

## **KEY FEATURES & BENEFITS**

- Visualize the key pieces of internal anatomy
- Rotate anatomy in 360°
- Detailed anatomical labels
- Provides variation in anatomy
- Animation showing different procedures' effects on the anatomy
- Linking internal anatomy to physical products and procedures

#### SKILLS

- Gaining an increased understanding of internal anatomy
- Increasing knowledge of procedures
- Understanding the anatomical differences in various pathologies

Find out more at limbsandthings.com/ART



# Cervical Dilatation & Effacement Module (CD&E) - PROMPT Flex

80102 80202

Allows for training in assessment of both the latent and active first stages of labor.

This versatile module is an optional add-on to the Birthing Simulator - PROMPT Flex - Standard/Advanced.



Ideal for midwifery training.



# QUALITIES

#### REALISM

• Realistic representation of cervixes, including anterior lip, and presenting parts in soft birth canal, with palpable ischial spines

#### **KEY FEATURES**

- Inserts to represent early labor cervixes effacement, dilation and ripeness in line with Bishop's scoring
- Positioning mechanism allows adjustment of station, dilation and tilt without removal from the simulator
- Dynamic positioning mechanism allows adjustment of dilation in active labor
- Markers allow tutor to read positioning in situ
- Numerous presenting part inserts including
  - flexed
  - deflexed
  - brow
  - face
  - breech
  - caput and moulding

#### VERSATILITY

• Presenting parts and cervix can be set up outside the model for demonstration, then placed inside for examination

#### SAFETY

• Latex free









Fetal station adjustment (-3 to +3)

Cervical Dilation (1-10cm)

## SKILLS

- Assessment and Bishop's scoring of:
  - Cervical dilation (1-10cm)
  - Cervical effacement (0-100%)
  - Cervical ripeness/consistency (soft, medium, hard)
  - Cervical position (anterior, mid, posterior)
  - Fetal station (-3 to +3)
- Assessment of and artificial rupture of membranes
- Assessment of presenting part flexed, deflexed, brow, face, breech, caput and moulding and caput formation

# WHAT'S INCLUDED 80102 80202 Perineum Pelvic Ring Static Rig Dynamic Rig

- Set of 7 Latent Labor Cervixes Dynamic Cervix
  - Set of 5 Presenting Parts
- Set of 2 Difficult Labor Heads
- Amniotic Membrane Set
- Set of 3 Caputs (x2)

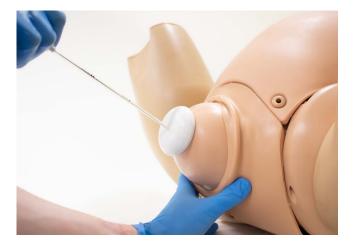
# Assisted Vaginal Birth Module (AVB) - PROMPT Flex

80310 80410

This module has been developed to work with PROMPT Flex for the practice instrumental delivery procedures using both ventouse and forceps deliveries.

An innovative design allows the ventouse to realistically adhere to the baby's skin, while inserts within the uterus allow for forceps to be inserted and remain in place while the second blade is positioned and gives a realistic level of resistance whilst delivering the baby.





## QUALITIES

#### REALISM

- Forceps are retained in place once inserted
- Realistic suction when attaching a ventouse
- Realistic resistance when delivering the baby

#### **KEY FEATURES**

- Tested with a wide range of instruments used during an assisted birth
- The perineum and inserts are designed specifically to give a realistic resistance during delivery
- Additional Baby Mask allows for successful suction when using a vacuum device
- Uterus holds the Baby module in the correct positioning, allowing for "hand's free" training can be used for both cephalic and breech deliveries

#### VERSATILITY

- This module is compatible with the PROMPT Flex Birthing Simulators, PROMPT Flex Baby models and Birthing Mother base units
- Allows for training in operative vaginal births, including: forceps delivery, ventouse delivery (Kiwi<sup>™</sup> cup), breech delivery with Pipers forceps



#### SAFETY

• This product is latex free

## SKILLS

- Direct cephalic delivery with the use of both forceps and ventouse
- Forceps Classical style (Simpson, Elliot, Tucker Mc-Lane etc.)
- Ventouse (Kiwi™ Cup)
- Breech delivery (Pipers forceps)
- Rotational delivery (Kiellands, Kiwi<sup>™</sup> cup)
- Other devices (OdonAssist<sup>™</sup>)
- Teamwork and human factors training in Assisted Vaginal Birth

## WHAT'S INCLUDED

Uterus for AVB		
Perineum for AVB		
Baby Mask for AVB		
Foam Inserts for AVB		

Foam Uterus Support

# Enhanced Cesarean Section Module (ECSM) - PROMPT Flex

## 80300 80400

Ideal for practicing the necessary skills required when performing both routine and complex cesarean section. Trainees can have exposure to delivering a difficult baby such as an impacted fetal head (IFH), or a transverse lie.

A pre-incised abdomen allows for repeated delivery practice to help improve confidence and familiarity of maneuvers.



#### QUALITIES

#### REALISM

- Abdominal skin has realistic appearance, fat layer and feel of at-term abdomen
- Realistic feel of uterus interior during delivery
- Head and shoulders present at realistic level in relation to the uterine incision

#### **KEY FEATURES**

- Uterus holds baby firmly in position for cephalic, breech and transverse presentations
- Fundal pressure can be applied to aid delivery of the baby for IFH maneuvers
- Pre-incised skin allows easy repeat delivery practice
- Realistically mimics the restrictive space of the pelvic inlet for IFH maneuvers
- Accommodates retraction using metal, plastic or rubber retractors

#### VERSATILITY

• Allows for training in routine and complex caesarean section at full dilation

#### SAFETY

• Latex free



#### SKILLS

- Cephalic and breech delivery
- C-section at full dilation:
  - Head disimpaction using vaginal push methods
  - Use of balloon disimpacting device
  - Reverse breech extraction
  - Patwardhan's techniques
- Transverse lie
- Instrument assisted C-section delivery
- Delivery of the placenta for routine c-sections
- Teamwork and human factors training in emergency C-section

# WHAT'S INCLUDED 80300 80400

- Perineum Uterus for Cesarean Section Module
- Impacted Fetal Head Uterus
- Pre-incised Delivery Skin
- Cervix for Cesarean Section Module
- Foam Uterus Support
  - Pelvic Floor

The module can be used to practice any of the following methods of delivering a deeply impacted fetal head:

- Manual cephalic extraction maneuvers
- Vaginal push up
- Reverse breech extraction (pull technique)
- Patwardhan's technique
- Use of a fetal pillow

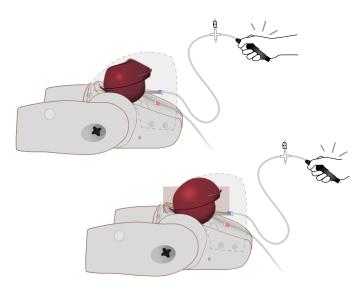
# Maternal Hemorrhage Simulator - PROMPT Flex

#### 80190 80290

This kit includes a PROMPT Flex birthing mother, an abdomen and Concentrated Venous blood, as well as a container. This allows for the creation of multiple simulated post-partum training scenarios, and is an ideal training solution for the skills related to effectively managing a post-partum hemorrhage. The maternal hemorrhage simulator may be used for hybrid simulation as well as stand-alone bench top training. In line with the Joint Commission requirement that all **JCAHO** accredited facilities will conduct maternal safety insitu training, including that of Postpartum Hemorrhage, the Maternal Hemorrhage kit has been created for effective identification and management of PPH with an atonic and contracting uterus. The new standards released by the Joint Commission address the most common findings that lead to poor outcomes for women.

## SKILLS

- Management of postpartum bleeding:
  - Fundal massage
  - Bi-manual compression
  - Hemostatic balloon insertion and management
- Communication skills with the mother when used with a standardized patient
- Intramuscular injection
- Estimation of blood loss



## QUALITIES

#### ANATOMY

- Anatomically accurate representation of mother with postpartum bleeding
- Realistic feel of fundal massage and bi-manual compression

#### REALISM

- Realistic simulation of atonic and contracting uterus
- Anatomically accurate mother
- Ability to give intramuscular injection
- Realistic blood loss volume

#### **KEY FEATURES**

- Blood loss of up to 2 liters can be simulated
- Air bulbs are used to stimulate blood flow and control atonic state of the uterus

#### VERSATILITY

• Use in training room or in situ as team training or with a standardized patient

#### SAFETY

• Latex free

# WHAT'S INCLUDED 80190 80290

Postpartum Hemorrhage Module - PROMPT Flex Birthing Mother - PROMPT Flex - Standard/Advanced Abdomen - PROMPT Flex - Standard/Advanced

# ECOSystems with Birthing Simulator PROMPT Flex

These ECOSystems provide all the equipment required to run the American College of Obstetricians & Gynecologists **Emergencies in Obstetric Courses (ECO)** 

# SKILLS

- Communication and team work skills (SP)
- Shoulder dystocia
- Postpartum hemorrhage
- Umbilical cord prolapse
- Vaginal breech delivery

# 3 SIZES

The 3 ECOSystems have been designed to offer affordable and portable training for varying sizes of teaching groups from 1 to over 10 learners



# 5 STATIONS

There are 5 teaching stations in total for ECO (5th being communication). Each ECOSystem provides all the equipment needed.



WHAT'S INCLUDED	80197 80297	80198 80298	80199 80299
Birthing Simulator - PROMPT Flex - Standard	×	$\checkmark$	🗸 (x2)
Brithing Simulator - PROMPT Flex - Advanced	$\checkmark$	$\checkmark$	$\checkmark$
Postpartum Hemorrhage Kit - PROMPT Flex	$\checkmark$	$\checkmark$	$\checkmark$
Birthing Mother - PROMPT Flex	×	×	$\checkmark$
Abdomen - PROMPT Flex - Standard/Advanced	×	$\checkmark$	$\checkmark$
Piper Forceps	$\checkmark$	$\checkmark$	$\checkmark$

# Midline Perineal Repair Trainer



# Mediolateral Perineal Repair Trainer



This model allows trainees to learn the suturing techniques for repairing a 1st or 2nd degree perineal repair. The fabric construction can accommodate repeated early learning training ideal for skill acquisition.

# QUALITIES

## ANATOMY

• Hymenal remnants, vaginal mucosa, perineal skin, perineal dermis, perineal muscles and palpable anal sphincter

## **KEY FEATURES**

- Anatomically accurate, key anatomical layers can be sutured
- Illustration pack representing each degree of perineal trauma to aid identification of key landmarks and internal anatomy
- Durable insert

#### VERSATILITY

- Can be used alongside PROMPT Flex by placing in front of the birthing mother to add further realism
- Quick and easy to set up
- Clamps provided to secure trainer to benchtop
- Compact and portable
- Available in either Midline or Mediolateral presentation for regional variation

# SKILLS

- Recognition of internal anatomy
- Tissue handling
- Classification of injury
- Repair of a lacerated perineum

# WHAT'S INCLUDED

- Midline Repair Pad (x1) **OR** Mediolateral Repair Pad (x1) Perineal Repair Stand with Clamps Perineal Repair Block Loading Frame
- Perineal Repair Illustration Pack



# Anal Sphincter Repair Trainer



This model allows trainees to learn how to perform a 4th degree perineal repair. A stand accommodates one anal sphincter repair block

# SKILLS

- Recognition of internal anatomy
- Tissue handling
- End-to-end repair of the external anal sphincter
- Overlap repair of the external anal sphincter
- Repair of the internal anal sphincter and anal mucosa

# QUALITIES

#### ANATOMY

• Hymenal remnants, vaginal mucosa, perineal skin, perineal muscles, external anal sphincter, internal anal sphincter, anal mucosa and pararectal fat

#### REALISM

• Soft skin with a similar drag and strength to human skin

#### KEY FEATURES

- Anatomically accurate, all key anatomical layers can be sutured
- Illustration pack representing each degree of perineal trauma to aid identification of key landmarks and internal anatomy

#### VERSATILITY

- Can be used alongside PROMPT Flex by placing in front of it to add further realism to the simulation
- Quick and easy to set up
- Clamps provided to secure trainer to benchtop
- Compact and portable

## WHAT'S INCLUDED

Anal Sphincter Repair Block (x2) Perineal Repair Stand with Clamps Perineal Repair Block loading frame Perineal Repair Illustration Pack Water Based Lubricant

# Episiotomy Trainer



This cost effective model is designed to be used with the Perineal Stand in a classroom setting to ensure acquisition of confidence in the training of episiotomy.

It offers repeatable training and contains an illustration pack that supports trainees in gaining confidence in performing this procedure.

# SKILLS

- Identification of fontanelles
- Handling of a stretched perineum
- Reducing the risk of damaging the baby or mother
- Infiltration of perineum prior to episiotomy
- Performance of mediolateral (or midline) episiotomy
- Use of instruments

# QUALITIES

#### REALISM

• Realistic representation of tissue to represent a stretched perineum

#### **KEY FEATURES**

- Baby head has realistic look and feel, providing landmarks and appropriate tactile response when inserting fingers to guard the baby's head
- Repair tape increases the longevity of the episiotomy pad, allowing for multiple uses per pad
- Illustration pack to help trainees get familiarized with key landmarks and where to place the cut

# WHAT'S INCLUDED

Episiotomy Incision Pad (x2) Perineal Repair Stand with Clamps Episiotomy Repair Tape (x24) Episiotomy Baby Head Episiotomy Illustration Pack



The Clean Bleed<sup>™</sup> Mat is independent of any training system and can be used alongside both simple and complex training models (as well as simulated patients) for use in simulation.



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