



# MALE RECTAL EXAMINATION TRAINER

## STANDARD & ADVANCED

This brand new trainer offers realistic, repeatable training in the core skill of digital rectal or PR examination.

Both models offer a contractible anal sphincter, allowing for anal tone assessment and a faecal impaction clip in module.

60170	60186	STANDARD
60171	61024	ADVANCED



*Learning has never been more lifelike*

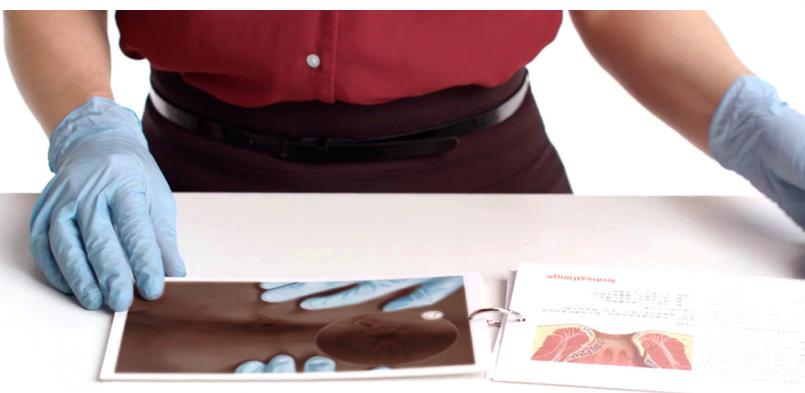
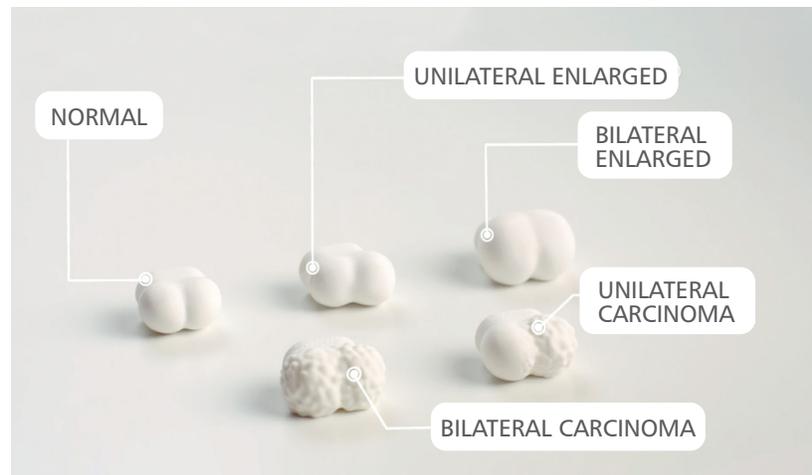
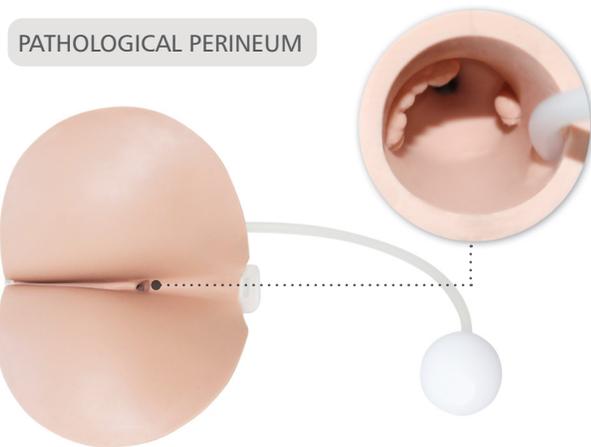
[limbsandthings.com](http://limbsandthings.com)

The **Standard** model focuses on learning core rectal nursing procedures and excludes the pathologies.



The **Advanced** model comes with a range of prostates and 2 perineums, allowing trainees to become familiar with normal and abnormal findings and acquire key diagnostic skills.

External ano-rectal illustrations are ideal for incorporation into scenarios and OSCE assessments.





ANAL TONE ASSESSMENT

QUALITIES

\* Advanced model

ANATOMY

- Buttocks, anus, rectum, prostate and perineum
- Pathological perineum – with polyp and rectal cancer\*
- 4 abnormal prostates\*:
  - Benign unilateral enlarged
  - Benign bilateral enlarged
  - Unilateral carcinoma
  - Bilateral carcinoma

REALISM

- Soft, partable buttocks
- Realistic anus with resting tone and ability to contract

KEY FEATURES

- Simulation of sphincter contraction allows trainees to assess anal tone
- Interchangeable prostates can be quickly and easily inserted, out of sight of the trainee\*
- Left lateral positioning
- Addition of impacted faecal matter allows trainees to recognise and distinguish this common finding
- High quality illustration pack of 9 external anal conditions\*

VERSATILITY

- Trainer can also be presented in 'semi-standing' position using the optional **Standing Position Stand (60172)**

SAFETY

- Latex free

SKILLS

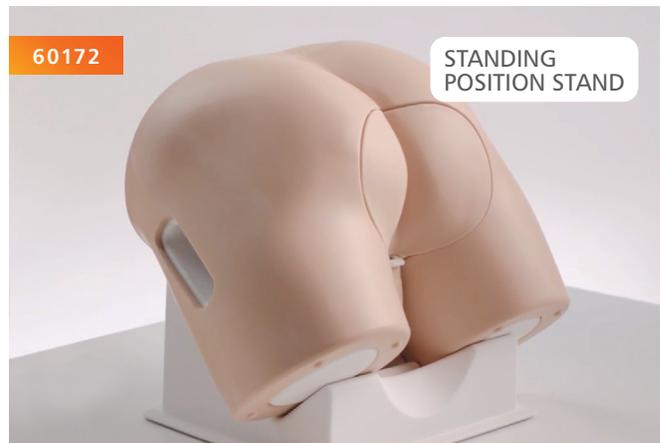
- Digital examination of the anus, rectum and prostate
- Assessment of anal tone
- Identification of faecal matter in the rectum
- Identification of external ano-rectal conditions\*
- Professional to patient communication

CONTAINS

	60170	60171
	60186	60187
Base Unit	✓	✓
Left Lateral Stand	✓	✓
Normal Perineum with Anal Tone	✓	✓
Pathological Perineum Anal Tone	✗	✓
Normal Prostate	✓	✓
Benign Unilateral Enlarged Prostate	✗	✓
Benign Bilateral Enlarged Prostate	✗	✓
Unilateral Carcinoma Prostate	✗	✓
Bilateral Carcinoma Prostate	✗	✓
Impacted Faecal Matter	✓	✓
External Conditions Illustration Pack	✗	✓
Lubricant	✓	✓

OPTIONAL EXTRAS

- **60172** Standing Position Stand
- **40209** Medium Carry Case





## CURRICULUM REFERENCES:

### UNDERGRADUATE MEDICINE

*Undergraduate Medicine - AAMC (2008) - Recommendations for Preclerkship Clinical Skills Education for Undergraduate Medical Education p.26*

*Appendix 5: Patient Examination "Perform rectal exam, including prostate, and describe examination process and findings"*

### POSTGRADUATE NURSING

*National Organisation of Nurse Practitioner Faculties, Nurse Practitioner Core Competencies Content , 2017 Independent Practice Competencies p.14*

*3.b Uses advanced health assessment skills to differentiate between normal, variations of normal and abnormal findings.*

*3.c Employs screening and diagnostic strategies in the development of diagnoses.*

### FAMILY MEDICINE

*AAFP Recommended Curriculum Guidelines for Family Medicine Residents, Men's Health Reprint No. 257, 2016*

*p.3 Perform a comprehensive male physical examination, including... rectal, and prostate examination*

*p.5 the resident should demonstrate the ability to independently perform or appropriately refer the following:*

- 1. Male-specific examination*
- b. Digital rectal exam*

### GENERAL SURGERY SPECIALIST TRAINING

*SCORE Curriculum Outline for General Surgery (2017-28): p.19*

*Patient Care 11. Alimentary Tract – Anorectal Diseases/Conditions -Core*

- Anal Cancer*



FOR DEMONSTRATION OR TO ORDER

**Limbs & Things Inc.** P.O Box 15669, Savannah, GA 31416, USA

**T:** (912) 629-0357 **E:** [customerservice@limbsandthings.com](mailto:customerservice@limbsandthings.com)

**[limbsandthings.com](http://limbsandthings.com)**

USA V.3 AUG 2020