

# SHOULDER INJECTION TRAINER RANGE



The accompanying android app allows learners and teachers to visualise the underlying anatomy, as well as clearly signalling success.

Designed in collaboration with clinicians, this range combines physical practice with the guidance of technology. It provides a repeatable teaching and training platform for shoulder injections in the 4 most common sites.

Both models share a common torso but offer different levels of complexity to support trainees from early learning through to specialist level.

# 70221 ULTRASOUND GUIDED

Caters for ultrasound guided techniques, as well as allowing injection and aspiration of fluids under ultrasound.



Learning has never been more lifelike limbsandthings.com

# **PALPATION GUIDED**

## FEATURES:

#### REALISM

- Discrete muscle and skin layers for realistic needle feel

#### **KEY FEATURES**

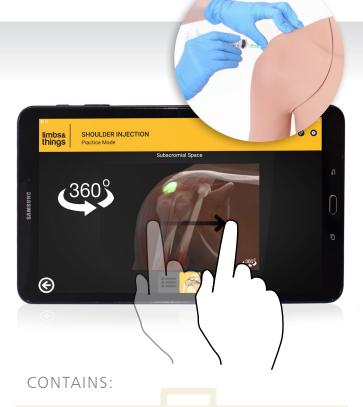
- Palpation to find the 4 most common injection sites
- Instant feedback for the trainee when a site is correctly located
- Injections from multiple approaches to allow for different preferences
- Suitable for postgraduate learning
- App features full 360-degree view of underlying anatomy and injection site to aid learning
- Cost effective replacement skins

#### VERSATILITY

- Each skin can withstand up to 500 injections per site (x1 spare shoulder skin supplied)
- Simple Bluetooth connection between app and trainer
- Requires only a standard needle (supplied)
- Batteries (x2 AA supplied) last for up to 500 hours

#### SAFETY

– Latex free

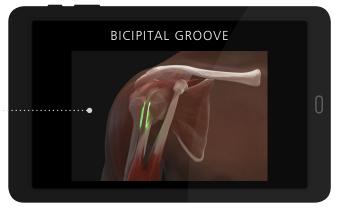


- Shoulder Module Palpation Guided
- Shoulder Skin (x1 spare)
- Shoulder Torso
- Needle Set
- Android Tablet
- Elbow
- AA Batteries (x2)
- Carry Case



- Practice multiple approaches to specific sites
- Identification of anatomical landmarks using palpation guidance
- 4 common injection sites:
  - Acromioclavicular Joint
  - Glenohumeral Joint
  - Bicipital Groove
  - Subacromial Space
- Rotation of the shoulder to locate head of the humerus





The application includes interactive shoulder anatomy and links to injection technique guides. Available as a free download on **limbsandthings.com** 

# **ULTRASOUND GUIDED**

# **FFATURES:**

#### REALISM

- Innovative materials within the shoulder create close to life ultrasound images

#### **KEY FEATURES**

- Eco lucent materials visible under ultrasound, represent the key internal landmarks
- Successful injection can be confirmed by visualising fluid entering the site, or by aspirating fluid
- The quantity of fluid in the Subdeltoid Bursa can be adjusted, from no fluid present to a fluid-filled distension for differing skill levels
- Nerve block functionality allows trainees to view and inject around the Suprascapular nerve

#### VERSATILITY

- Watertight and durable up to 400 injections per site
- Altering the size of the bursa allows trainers to change the level of difficulty of training (less fluid is more challenging to inject)
- Synovial fluid has a realistic colour

#### **SAFETY**

Latex free







# CONTAINS:

- Shoulder Module Ultrasound Guided
- **Shoulder Torso**
- **Ultrasound Shoulder Filling Kit**
- **Needle Set**
- Synovial Fluid (250ml)
- Elbow
- **Carry Case**

## SKILLS:

- Patient positioning and management •
- Identification of anatomical landmarks using ultrasound guidance
- 4 common injection sites:
  - Acromioclavicular Joint
  - Glenohumeral Joint
  - Biceps Tendon Sheath (which lies in the Bicipital Groove and surrounds the tendon)
  - Subdeltoid Bursa (in the Subacromial Space)
- Competence using ultrasound technology to perform injections in different planes using different approaches
- View under ultrasound the suprascapular nerve

# CURRICULUM REFERENCES:

#### CORE MEDICAL TRAINING CMT 1-2

Specialty Training Curriculum for Core Medical Training, Joint Royal Colleges of Physicians Training Board, August 2009, p.92-93

#### SPECIALIST RHEUMATOLOGY TRAINEES

Specialty Training Curriculum for Rheumatology, Joint Royal Colleges of Physicians Training Board, 2010, p.24

#### SPECIALIST TRAUMA & ORTHOPAEDICS TRAINEES

Specialist Training in Trauma and Orthopaedics Curriculum, British Orthopaedic Association, 2015 (Updated 2018), p.43

#### SPECIALIST SPORT & EXERCISE MEDICINE TRAINEES

Specialty Training Curriculum for Sport and Exercise Medicine, Joint Royal Colleges of Physicians Training Board, 2010, p.34

#### **GENERAL PRACTITIONER TRAINEES**

The RCGP Curriculum: Professional & Clinical Modules, The Royal College of General Practitioners, 2016, p.327

#### CLINICAL RADIOLOGY TRAINEES\*

Speciality Training Curriculum for Clinical Radiology, 2016, p.111

\* Ultrasound Only





## FOR DEMONSTRATION OR TO ORDER

Limbs & Things Ltd. Sussex Street, St Philips, Bristol, BS2 ORA, UK T: 00 44 (0)117 311 0500 E: gbsales@limbsandthings.com