

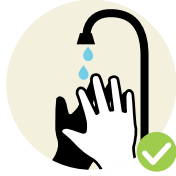


GENERAL CLEANING INSTRUCTIONS FOR LIMBS & THINGS PRODUCTS

DO's



Follow **User Guide Instructions** carefully when cleaning trainers containing fluids.



Wash hands before use and place the product on a clean surface.



Wear gloves at all times and remove all jewellery items.



Clean the product with a damp soft cloth or sponge, using only warm water with mild detergent such as Milton fluid, after every training session.



For veins or fluid cavities always drain, rinse and allow to air dry.

DON'Ts



Do not use harsh detergents to clean products, they may reduce the life of the product.



Do not submerge any products in water or fluid.