



## USER GUIDE



# MALE RECTAL EXAMINATION TRAINER

STANDARD

This product is available  
in light and dark skin tones

60170

60186

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[limbsandthings.com](https://limbsandthings.com)

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## SAFETY & CLEANING INSTRUCTIONS

## READ THE SAFETY INSTRUCTIONS CAREFULLY BEFORE USING YOUR MALE RECTAL EXAMINATION TRAINER

### DO'S



Follow all instructions. Keep these instructions. Heed all warnings.

Only use water-based lubricant, such as the one supplied, with this model. Use of non-recommended products may weaken or damage the silicone.



Wear gloves at all times and remove all jewellery items. Sharp surfaces such as finger nails and rings can lead to damage of silicone parts.

Lubricate your examining finger before insertion.



Clean the product with a damp soft cloth or sponge, using only warm water with mild detergent, after every training session. Clean off excess lubricant, and remove any enemas, suppositories or creams as these can damage the product.

### STORAGE & TRANSPORTATION



Always ensure that the products are properly packed and secured during transportation and storage in order to prevent personal injury or damage to the product. Take care to keep the perineums away from sharp or heavy objects that could cause a puncture.

### DON'Ts



Do not install near any heat sources, do not expose the product to flames or use near naked flame sources. Do not use flammable solvents near or on this product.

Do not use any attachments other than those supplied by the manufacturer.



Do not wear any jewellery items. Do not insert anything other than your finger or rectal medications designed for human use into the rectum.

Do not use excessive force on the pulse bulb or anus and do not apply undue pressure or weight to the outer edges of the perineum.



Do not use if the skin is torn.

Do not disassemble the product or attempt to repair a faulty unit, please return the product to Limbs & Things for assessment and repair.



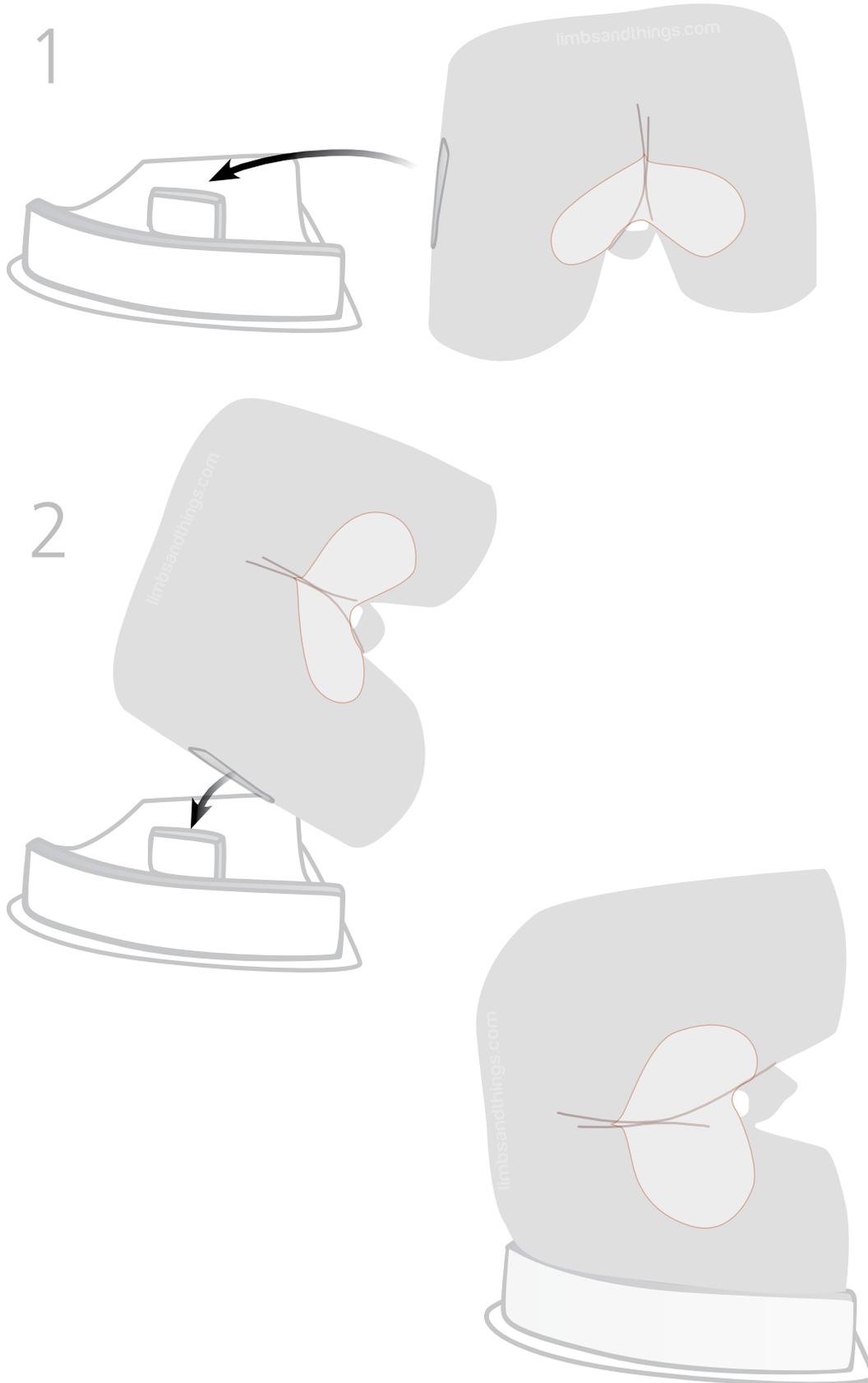
Do not allow young children to use this product.

SET UP

SETTING UP THE EXAMINATION POSITION

Left Lateral Decubitus Position

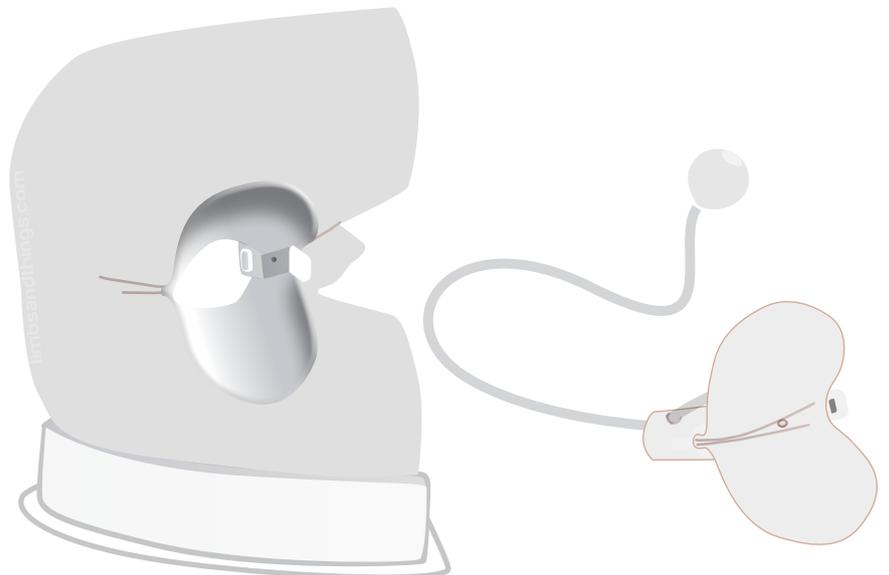
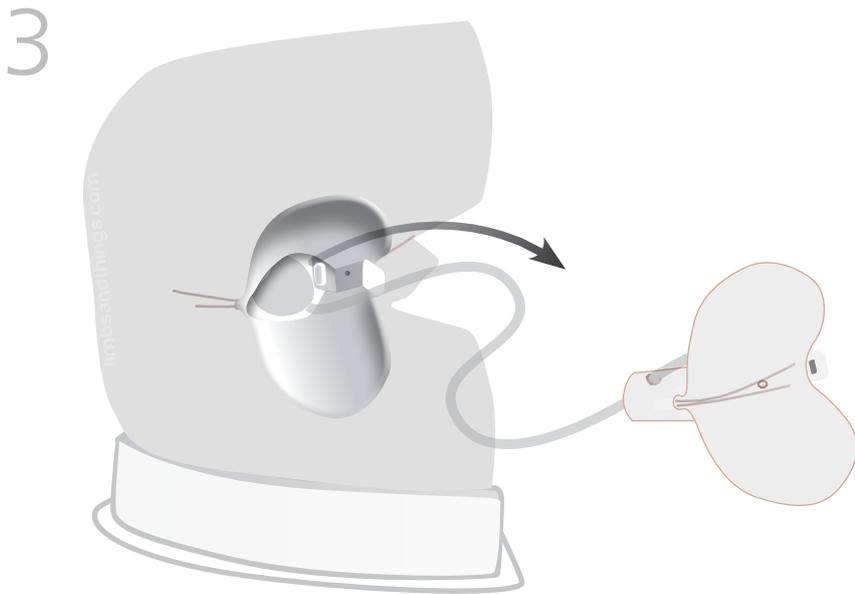
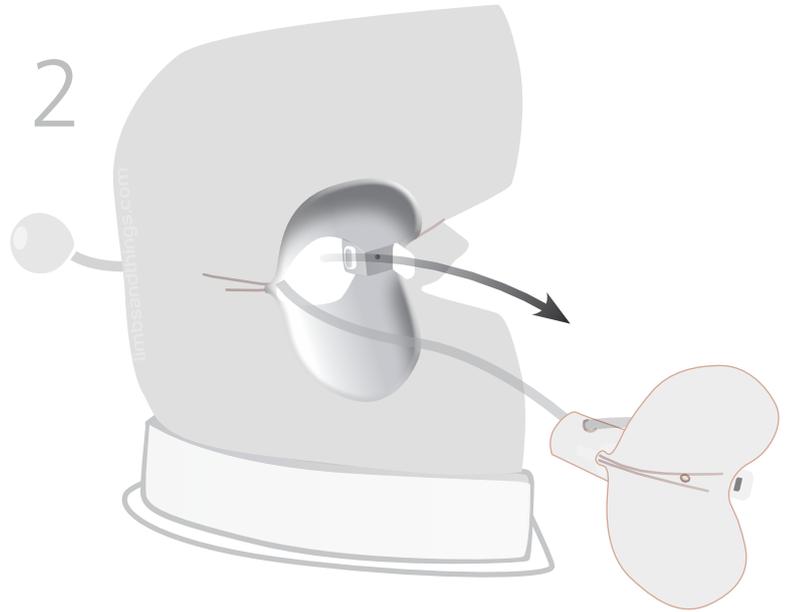
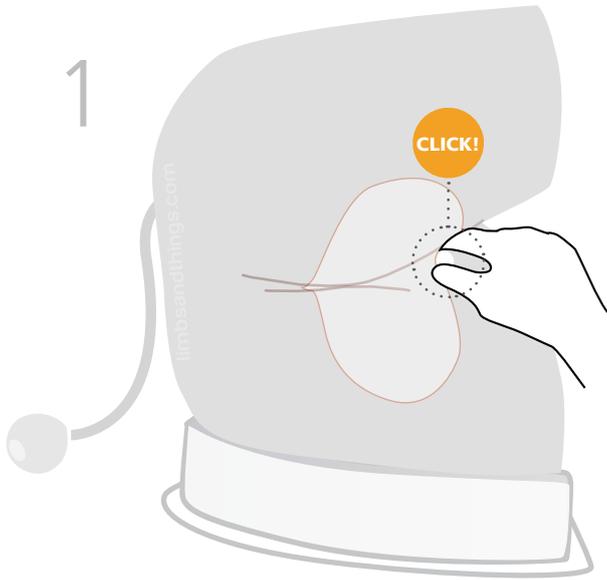
Use the supplied **Left Lateral Stand (60174)**



SET UP

FITTING/CHANGING THE PERINEUM

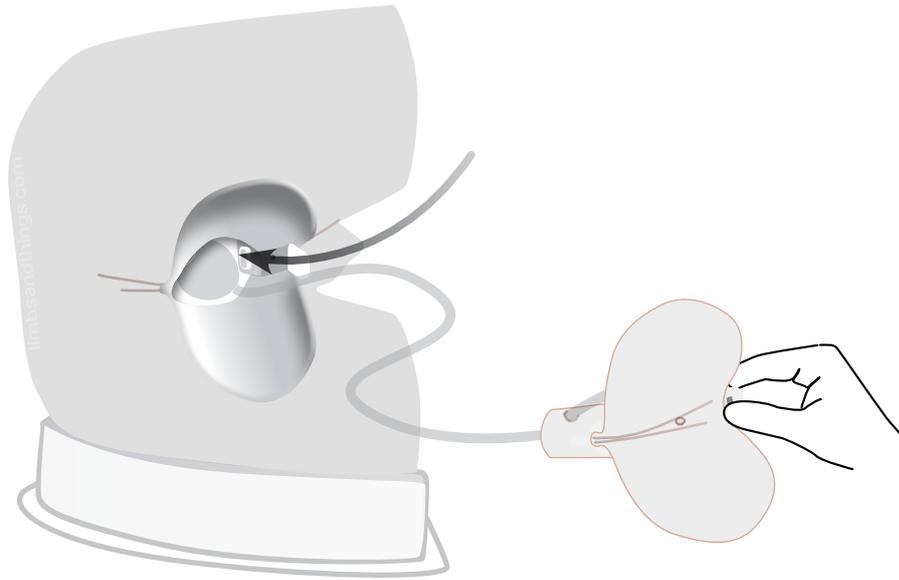
REMOVE



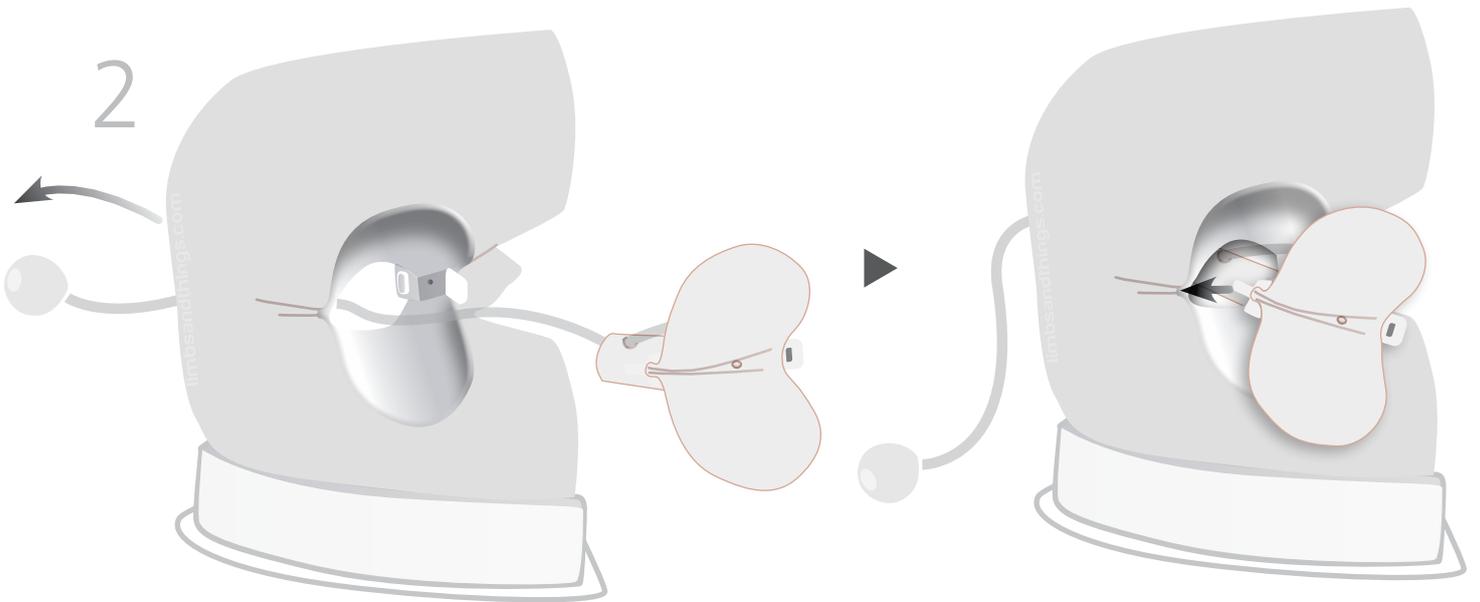
SET UP

ATTACH

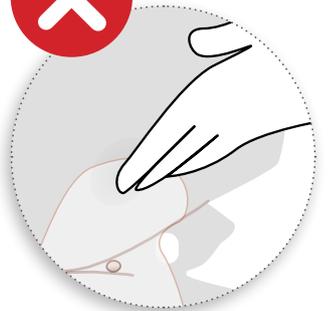
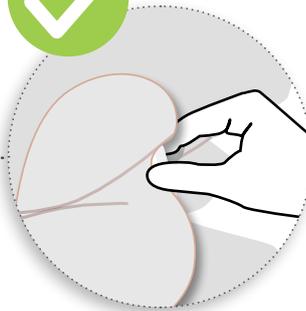
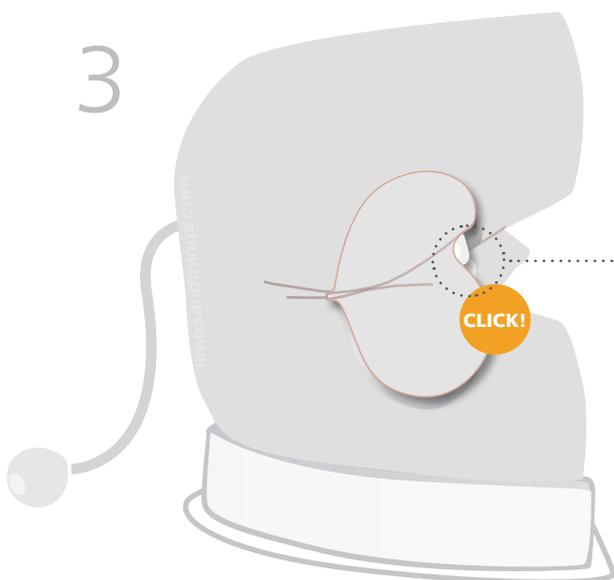
1



2



3



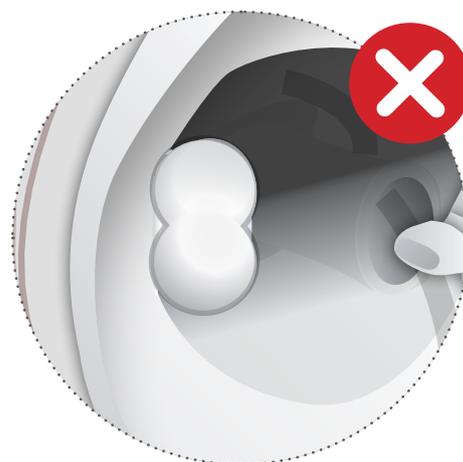
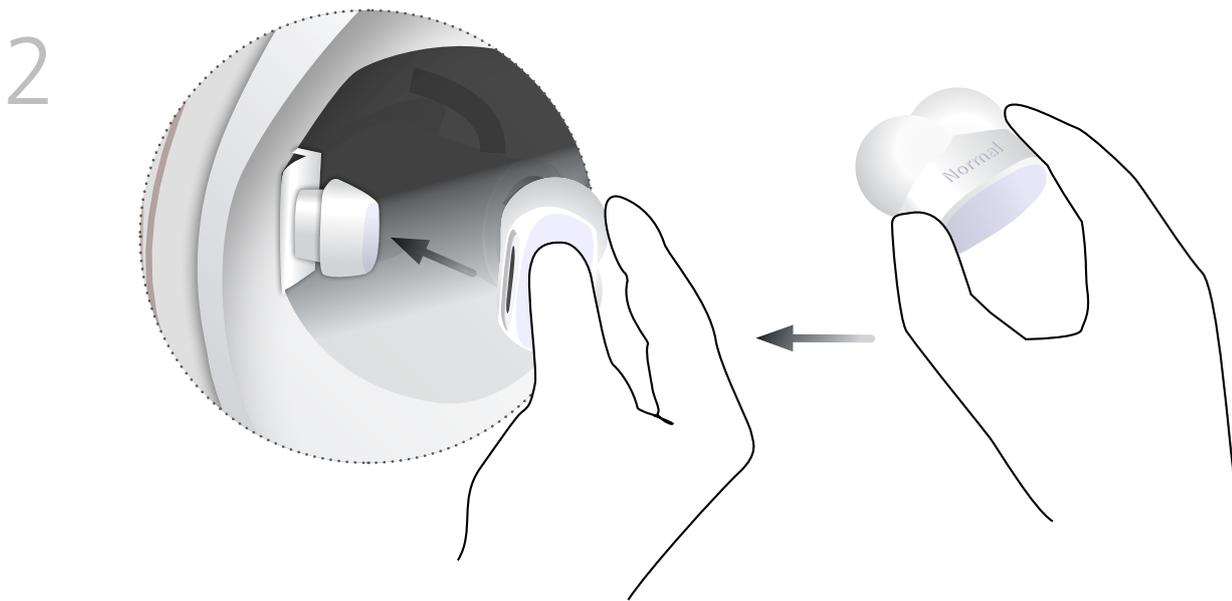
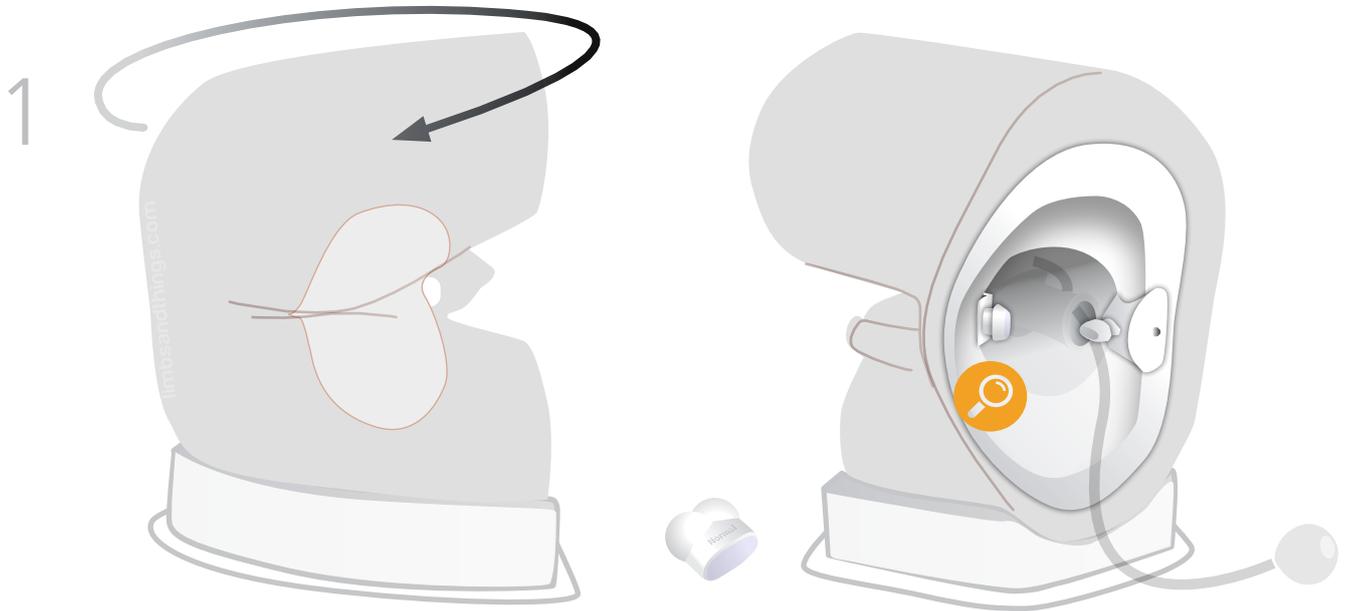
Always use the white tab to fit the perineum into place.



Do not press down on the outer edges of the perineum

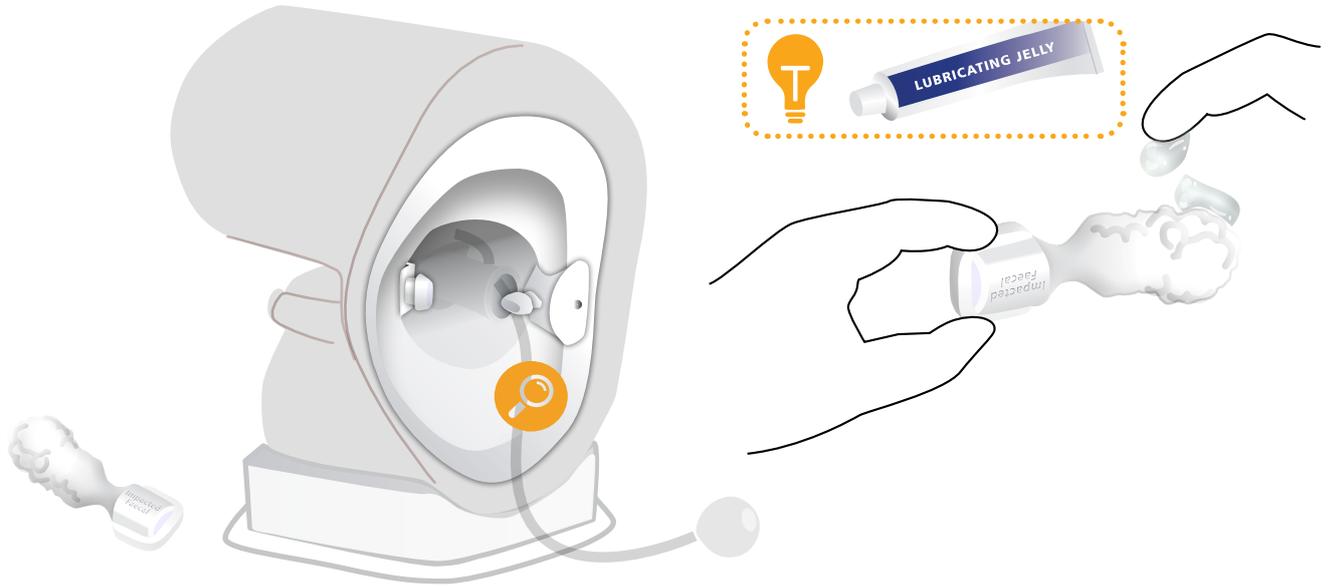
SET UP

FITTING/CHANGING THE PROSTATE

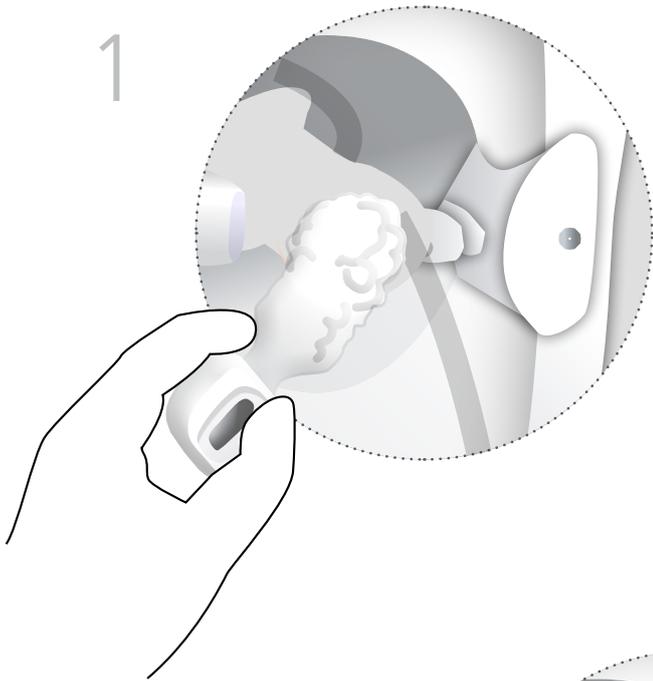


SET UP

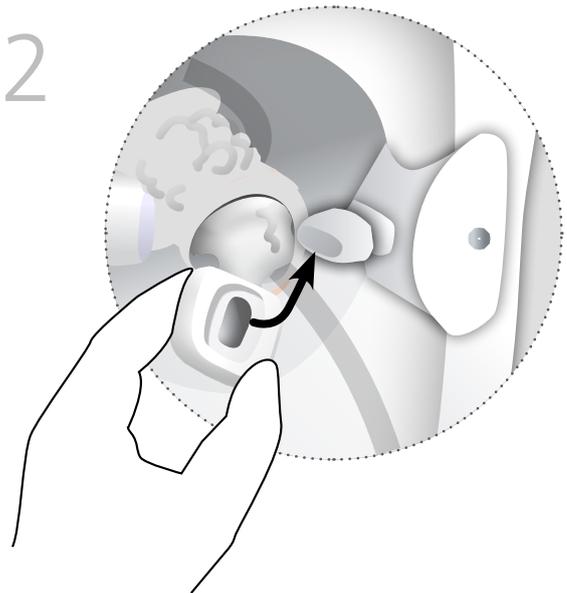
ADDING IMPACTED FAECAL MATTER



1



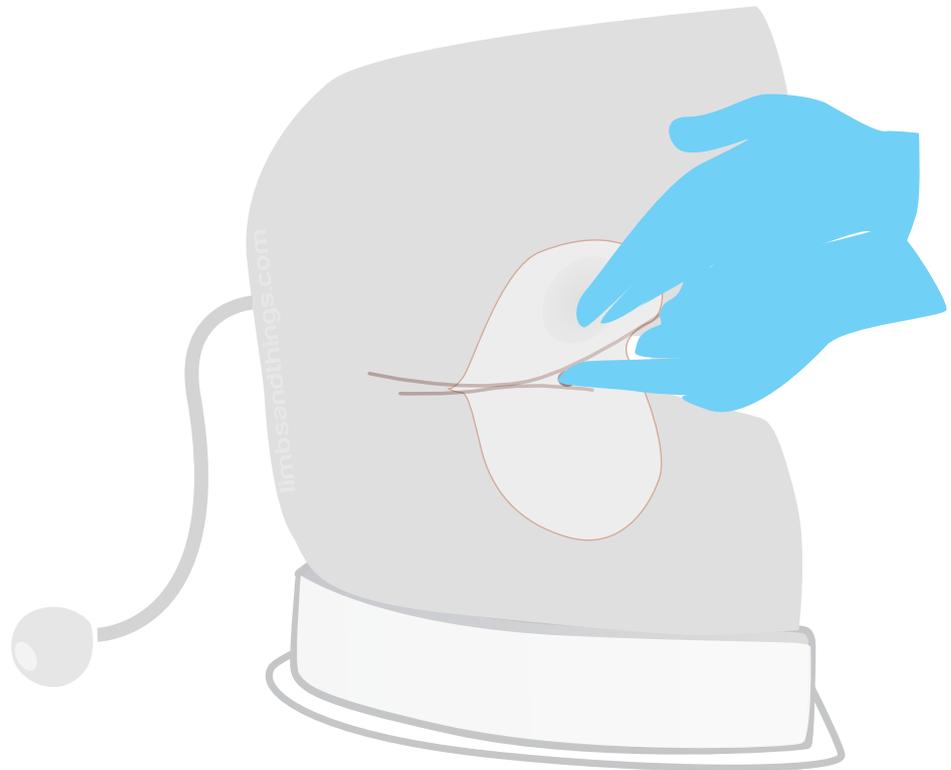
2



## TRAINING

### PERFORMING THE DIGITAL RECTAL EXAMINATION

- Wear gloves at all times and remove all jewellery items. Sharp surfaces such as finger nails and rings can lead to damage of silicone parts.
- Lubricate the examining finger prior to insertion into the rectum.

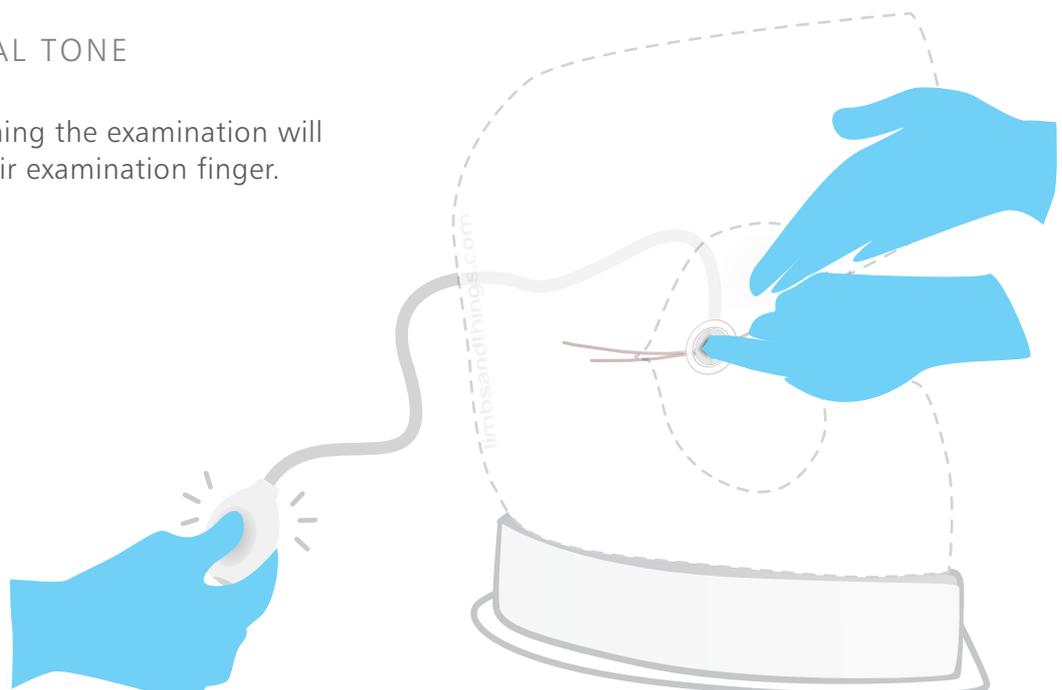


### ASSESSING ANAL TONE

The person performing the examination will feel the grip on their examination finger.



DO NOT USE  
EXCESSIVE  
FORCE



## TRAINING

### ASSESSING ANAL TONE

Squeeze the pulse bulb to simulate contraction of the sphincter and assess anal tone.



## CLEANING AND STORAGE

- Wipe off excess lubricant with a soft cloth
- Clean off any surface dirt with a damp, soft cloth, using only warm water and mild detergent



YOU MAY  
ALSO BE  
INTERESTED IN...

60185

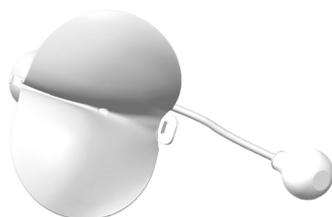
60192

Upgrade from Standard to Advanced

Perineum - Pathological

60176

60190



Prostate - Benign  
Unilateral Enlarged

60180



Prostate - Benign  
Bilateral Enlarged

60181



External Conditions Illustration Pack

60173

60188



Prostate - Unilateral  
Carcinoma

60182



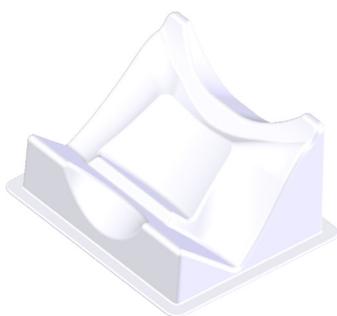
Prostate - Bilateral  
Carcinoma

60183



60172

Standing Position Stand



40209

Medium Carry Case

